

Meeting Individual Needs Training Offer

September 2022 – July 2023

Special Educational Needs & Disability Support Service



How the Special Educational Needs and Disability service (SEND) can work with you

SEND Service offers a highly personalised training service for both direct teaching and support roles for those working with children across all age phases, whether individuals or in groups. Our service can support you in engaging effectively with parents and carers in order to promote positive learning for children and young people. We will work with you and offer strategic advice that will enhance the educational experience of individuals because it is tailored to the needs of your school community.

SEND Service also offers support and advice for those working with vulnerable children and young people, including those with SEN and/or disabilities (SEND) and mental health challenges. We offer training and support for staff and other professionals working with children and their families.

Each of our teams has a wide range of skills, experience and knowledge in the form of specialist qualifications in their own field that can boost the professional expertise in your school.



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General SEND Support Training

Induction for New SENDCos

This course will take place across
2 half-day sessions on:

Wednesday 28 September 2022, 1:00pm – 3:30pm
Wednesday 2 November 2022, 1:00pm – 3:30pm

Who is this course for:
New SENDCos, SENDCos new to Leicester
City and aspiring SENDCos

Fee:
Free for Maintained Schools or £150 per
delegate

Venue:

Will be run via Microsoft Teams

A support meeting for any new or aspiring SENDCo in the city who is not taking on the SENDCo Award this year.

We will be looking at:

- The SENDCo Role
- The Graduate Response
- Joint Planning Meetings
- Yearly Planning
- Criteria for the SEND Register
- Diagnostic Pathways Pupils
- Element 3 Funding
- EHCP Process
- Send Audits
- Next Steps

Course Outcomes:

- Knowledge of SEND systems and the SENDCo role.
- An opportunity to network with colleagues new to the role / new to Leicester City

This course will be delivered by Kate Westwood, LCI Team

To book your place, register at <https://removingbarriers.lls.leicester.gov.uk/courses>

SENDCo Briefing

These termly sessions will take place on the following dates:

Thursday 27 October 2022, 1:00pm – 3:30pm

Thursday 9 March 2023, 9:00am – 4:00pm

Wednesday 14 June 2023, 9:00am – 4:00pm

Who is this course for:

All SENDCos

Fee:

Free to city SENDCos

Venue:

Half days via Microsoft Teams

Full day face to face venue to be confirmed

Areas covered:

- Provide the opportunity for SENDCos to keep abreast of new developments in SEN both at a national and local level.
- It is also a time to share ideas with other practitioners, to 'troubleshoot' issues and refresh and gather new resources that support the SENDCo role.

Course Outcomes:

- Refreshed and updated information or ideas will be used by the SENDCo in their role.
- Up to date information regarding new resources, assessment material, websites etc. that support the work of SEN in the school, can be shared with all staff.

This course will be delivered by the SENDSS Team Leaders

To book your place, register at <https://removingbarriers.lls.leicester.gov.uk/courses>

Learning, Communication & Interaction Training

An Introduction to Inference Training and Boosting Reading Comprehension in Key Stages 2 and 3

Dates:

Wednesday 14, Friday 16 and Tuesday 27
September 2022

9:00am – 12:00pm

Who is this course for:

A teacher who will supervise and teaching
assistants who will deliver the training.

Fee:

£295 per delegate including cost of folder
at £69.

Venue:

Will be run via Microsoft Teams

Areas Covered:

- The barriers to reading comprehension.
- How inference training can be delivered by teaching assistants to groups of four or five pupils for 40 minutes, twice a week over twelve weeks.
- The contents of the folder.
- How the techniques can be used in whole class situations.

Course Outcomes:

- Adults become more sensitised to reading comprehension difficulties in a classroom context.
- Teaching assistants can deliver the intervention with groups of pupils to achieve significant progress.
- Participants will know about the contents of the folder and how to use the techniques in whole class situations.

This course will be delivered by the LCI Team. (Michelle Deeming)

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

Introduction to Autism: Parent Workshops School Years 1-5 (Primary) (Hindi)

Dates: - (4 Days)

Thursday 15, 22 and 29 September and
Thursday 6 October 2022

-or-

Thursday 2, 9, 16 and 23 March 2023

9.30am-12.30pm

Who is this course for:

Parents and carers

Fee:

Free

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- To develop an understanding of Autisms.
- To identify how autism can affect families.
- To have information about what is available for families in Leicester city and beyond.

Course Outcomes:

- Gain a better understanding of autism.
- Provide families with information.
- Signpost to support organisations.
- Gain an understanding of what is meant by Social Communication.
- Provide practical ideas and strategies to support your child.
- Gain a better understanding of Sensory Processing in autism.
- **Explore your child's sensory differences.**
- Provide practical ideas and strategies to support your child.
- an understand of what is meant by emotional regulation.
- Provide practical ideas and strategies to support your child.

This course will be delivered by the LCI Team. (Pravina Parmar)

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

Introduction to Autism: Parent Workshops School Years 1-5 (Primary)

Dates: - (4 Days)

Monday 19, 26 September 2022, 3 October 2022 and 10 October 2022 9:30am – 12:30pm

-Or-

Wednesday 15, 22 & 29 March 2023 and 5 April 2023, 9:30am – 12:30pm

Who is this course for:

Parents and carers.

Fee:

Free

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible (please note the potential additional dates).

Areas Covered:

- To develop an understanding of Autisms.
- To identify how autism can affect families.
- To have information about what is available for families in Leicester city and beyond.

Course Outcomes:

- Gain a better understanding of autism.
- Provide families with information.
- Signpost to support organisations.
- Gain an understanding of what is meant by Social Communication.
- Provide practical ideas and strategies to support your child.
- Gain a better understanding of Sensory Processing in autism.
- **Explore your child's sensory differences.**
- Provide practical ideas and strategies to support your child.
- an understand of what is meant by emotional regulation.
- Provide practical ideas and strategies to support your child.

This course will be delivered by the LCI Team.

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

Introduction to Autism: Parent Workshops School Years 6-11

Dates:

Wednesday 21 September, 28 September, 5 October & 12 October 2022 9:30am – 12:30pm

Wednesday 7 June, 14 June, 21 June, & 28 June 2023, 9:30am - 12:30pm

Who is this course for:

Parents and carers.

Fee:

Free

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- To develop an understanding of Autisms.
- To identify how autism can affect families.
- To have information about what is available for families in Leicester city and beyond....

Course Outcomes:

- Gain a better understanding of autism.
- Provide families with information.
- Signpost to support organisations
- Gain an understanding of what is meant by Social Communication.
- **Explore your child's sensory differences.**
- Provide practical ideas and strategies to support your child.
- Gain an understand of what is meant by emotional regulation.
- Provide practical ideas and strategies to support your child.

This course will be delivered by the LCI Team.

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/course>

ELKLAN Speech and language support for 11-16's

Dates:

This is a 10 week course.

26.9.22, 3.10.22, 10.10.22, 24.10.22, 31.10.22

7.11.22, 14.11.22, 21.11.22, 28.11.22, 5.12.22

All sessions to run from 1:00pm – 3:00pm

Who Is It For:

Teaching assistants -Key Stages 3 and 4.

FEE: -

£430 per delegate, includes registration fee and book.

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- This course is delivered on one afternoon a week for 10 Weeks
- The course explains the communication process and difficulties that students may experience with speech, language and communication.
- The course provides a range of practical strategies that may be used by teaching assistants in their work in the classroom or when supporting individual students.

Course Outcomes:

- Accreditation at level 2 or level 3 (OCN).
- Increased understanding of the communication process.
- Increased understanding of speech, language and communication needs in students.
- Knowledge of a range of strategies, approaches and resources to use in the classroom and with individual students to support SLCN.

NB for accreditation delegates are expected to submit a short, written learning log weekly.

This course will be delivered by an accredited Elklan trainer from the LCI Team. (Jeanette Wright)

To book your place, register at
<https://removingbarriers.lis.leicester.gov.uk/courses>

Autism Education Trust (AET) **Making Sense of Autism for** **Parents and Carers**

This course will run on 3 separate occasions:

Wednesday 28 September 2022, 9:30am – 11:30am

Thursday 9 February 2023, 9:30am – 11:30am

Tuesday 6 June 2022, 9:30am – 11:30am

Who is this course for:

Parents and Carers.

Fee:

Free

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- Provide an overview of what is meant by autisms.
- Develop an understanding of how behaviours are impacted by the impaired social communication skills and sensory difficulties.

Course Outcomes:

- Participants will be able to understand how autism impacts on the social, emotional and academic progress of a child with autism.

This course will be delivered by the LCI Team (AET Trainer).

To book your place, register at
<https://removingbarriers.lis.leicester.gov.uk/courses>

TA Network Meetings (for Those Working with Children With Autism)

Emotional Regulation
Wednesday 28 September 2022

Sensory
3 November 2022

Teens and Tweens
Wednesday 25 January 2023

Managing Change
Thursday 2 March 2023

Who is this course for:

Teaching Assistants where the teaching assistant (TA) has attended Autism Education Trust 9AET) Making Sense of Autism Level 1 Training.

Fee:

Per delegate

Free for 1 delegate (Leicester City School).

£30 for extra delegates.

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- Emotional Regulation
- Using sensory experiences to support children with autism.
- Tweens and Teens with autism and the types of issues they may experience and the support that they may need.
- Managing Change.

Course Outcomes:

- Teaching Assistants will be able to share how they support Emotional Regulation of the autistic children they work with. (28 September 2022)
- Teaching Assistants will be able to share how they support Sensory experiences in the autistic children they work with. (3 November 2022).
- Teaching Assistants will be able to share how they support their Tweens and Teens experiences in the autistic children they work with. (25 January 2023).
- Teaching Assistants will be able to share how they support transitions and manage change of the autistic children they work with. (2 March 2023).

This course will be delivered by the LCI Team.

To book your place, register at

<https://removingbarriers.lis.leicester.gov.uk/courses>

Introduction to a Structured Learning Approach for Autistic CYP: Using Visual Strategies

Dates: -

Thursday 29 September 2022 9:00-3:00pm and
Thursday 23 March 2023 9:00-3:00pm

Who is this course for:

SENDCos, Teachers and Teaching Assistant pairs.

Fee:

£150 per delegate

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

Part 1

- Overview of a structured learning approach.
- Using visual strategies as part of structured Learning and for independence

Part 2

- Using Task Boxes as part of structured learning.

Course Outcomes:

Part 1 Course Outcomes: -

- Develop an understanding of a structured learning approach and supporting visual strategies and its advantages.
- Evaluate samples and plan for individual students to support independence.
- Learn how to access tools and resources to create visual structured strategies.

Part 2

- Understand how to use and evaluate sample Task Boxes.
- Plan for individual students.

This course will be delivered by Kirti Patel LCI Team

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

Boosting Reading Progress (BRP)

Dates: - (4 half days)

Tuesday 4 October, Friday 7 October, Tuesday
11 October and Friday 14 October 2022
9:00am – 12:00pm

Who is this course for:

Teachers or teaching assistants in Y1 & 7

Fee:

£450 for Teacher and TA pair, additional TAs
at £100 each.

Venue:

Will be run via Microsoft Teams

Areas Covered:

- How pupils develop reading skills.
- The reading process and how to observe readers carefully and systematically.
- Generic teaching and learning skills involved in reading.
- How to help students with a range of comprehension and decoding difficulties.
- How to support pupils with writing and how to deliver the BRP intervention.

Course Outcomes:

- Gain a clear view of reading development and the variety of difficulties pupils experience.
- Observe a reader in detail and to be able to diagnose strengths and weaknesses.
- To be able to target teaching effectively to individuals.
- For the school: it builds capacity to identify and intervene successfully and raises skill levels of adults when they work both in classroom and one to one context.

This course will be delivered by Michelle Deeming from the LCI Team.

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

School Based Assessment and Identification of SpLD

Dates: - (2 Day Course)

Autumn Course: - Wednesday 5 October 2022 & Wednesday 9 November 2022,
9:00am – 3:30pm

Summer Course: - Wednesday 3 & 24 May 2023, 9:00am – 3:30pm

Who is this course for:
SENCOs and teachers

Fee:
£300 per delegate for a two day course.

Venue:
Face to face (venue to be confirmed).
Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

Day One:

- The SpLD pathway and early monitoring process.
- Understanding of standardised assessment terminology.
- Basic literacy and language assessments to use in school.

Day Two:

- Case studies of pupils with SpLD and SLCN.
- Understanding of how pupils with SpLD present in school.
- Support in interpreting assessment results and making judgements.
- Awareness of effective provisions of pupils with SpLD.

Course Outcomes:

- Be able to complete basic language and literacy assessments.
- Have increased confidence in interpreting results of assessments.
- Have increased confidence in identifying pupils with SpLD.

This course will be delivered by the LCI Team. (Kate Keaveny & Holly Hincks)

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

Autism Education Trust (AET) Schools: Extending and Enhancing Good Autism Practice (3 days)

This course will run on two occasions:

Autumn Term: Wednesday 26 October,
2 November & 9 November 2022

Spring Term: Wednesday 1 February, 8 February, &
15 February 2023

9:00am - 4:00pm (3 full day sessions)

Who is this course for:

This module is for SENDCo. teachers and
teaching assistants who work with autistic
pupils (5–16).

Fee:

£370 per delegate

£450 for teacher and teaching assistant pairs

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not
possible .

Areas covered:

- Provide an overview of what is meant by autisms.
- Develop an understanding of how behaviours are impacted by the impaired social communication skills and sensory difficulties.
- Provide practical strategies to meet the needs of students with autisms, including an introduction to specific interventions, e.g. social stories™, Circles of Friends, visual systems and strategies.

Course Outcomes:

- Participants will be able to understand how autism impacts on the social, emotional and academic progress of a child with autism.
- Participants will have practical strategies and knowledge of interventions to use to better meet the needs of those with autisms.
- Increased awareness of how the physical environment can aid or detract from teaching those with autisms.
- Staff will have increased knowledge in how to identify and support pupils with autism.
- Virtual copy of "Tools for teachers".

This course will be delivered by the LCI Team (AET Autism Specialist Teachers).

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

Dyslexia Awareness (Online)

Dates:

Thursday 27 October 2022

9:00-12:00

Who is this course for:

SENCOs, Teachers, TAs primary and secondary

Fee:

£75 per delegate

Venue:

Will be run via Microsoft Teams

Areas Covered:

- Definition of dyslexia.
- Range of difficulties associated with dyslexia.
- Strategies to support those with indicators of dyslexia

Course Outcomes:

- Increased understanding of dyslexia.
- Knowledge of a range of effective strategies to address the impact of specific learning difficulties.

This course will be delivered by the LCI Team. (Kate Keaveny)

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

Supporting Pupils with Down's Syndrome in School

Thursday 3 November 2022, 9:00am – 12:00pm and Thursday 10 November 2022, 9:00am – 12:00pm

(Delegates to attend both sessions)

Who is this course for:

Those involved with supporting Down's pupils in KS 1, 2 and 3.

Fee:

£150 per delegate

Venue:

Will be run via Microsoft Teams

Areas Covered:

- Overview of Down's Syndrome.
- The profile of strengths and difficulties that a Down's Pupil may have.
- Developing their literacy.
- Language development.
- Ways to support their learning across the curriculum.

Course Outcomes:

- Course participants will develop an understanding of Down's Syndrome pupils and acquire practical strategies to support their learning, independence and participation in school life.

This course will be delivered by the LCI Team. (Becky Desborough)

To book your place, register at
<https://removingbarriers.lis.leicester.gov.uk/courses>

Impact of EAL on learners with SEND

Dates:

Tuesday 8 November 2022

9:00am -12:30pm

Who is this course for:

SENCOs, EAL leads and teachers KS1-4

Cost:

£75 per delegate

Venue:

Online via Microsoft Teams

Areas Covered:

- Difference and overlap between learners with EAL and SEND
- How does having EAL impact on SEND?
- Obtaining linguistic profiles of pupils
- Strategies and support for EAL/SEND learners

Course Outcomes:

- Understand how to identify SEN in EAL learners
- Understand the impact of EAL on pupils with SEND
- Identify strategies and interventions to support SEND learners with EAL.
- Know where to get further advice and support

This course will be delivered by the LCI Team. (Jeanette Wright)

To book your place, register at
<https://removingbarriers.lis.leicester.gov.uk/courses>

Play Interaction for Children Who have Communication & Interaction Needs: Includes Early Years

Dates:

Wednesday 16 November 2022 9:30-3:00pm

Thursday 16 February 2023 9:30-3:00pm

Who is this course for:

Teaching Assistants and SENDCos.

Fee:

Per delegate

£500 for Leicester City Schools.

£800 for non Leicester City Schools.

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- An overview model of 6 week Play Interaction Training programme to skill-up schools to deliver and cascade it to help develop children's social interaction and communication skills.
- Introduction to the theory of Play Interaction and implementation of the resource manual.
- A better understanding of the role of play in social and academic development.
- An understanding of the principles of play and interaction in typical development.
- Understanding and exploring interactive techniques and ideas to develop children's social interaction and communication Skills.
- An introduction to play-based assessment.
- Supporting individual or group of children to generalise the learnt social skills in the classroom, and playground settings.

Course Outcomes:

- To increase the ability to engage children in social communication and enable staff to adapt and plan for such activities.
- Personalised programme for a named pupil including 1:1 coaching for a TA who can then cascade training to further staff within your school.

This course will be delivered by both Jyoti Sharma, LCI Team and EYST.

Our course booking website is changing, we will be updating schools on how to book shortly

Autism Education Trust (AET) **Schools: Making Sense of Autism and Practical Supporting Strategies.**

This course will run on:

Thursday 17 November 2022, 13:00pm – 4:00pm

Wednesday 1 March 2023, 13:00pm – 4:00pm

Who is this course for:

All staff in schools. Targeted to those new in ASD who have missed whole school training.

Fee:

£75 per delegate

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- Provide an overview of what is meant by autisms.
- Develop an understanding of how behaviours are impacted by the impaired social communication skills and sensory difficulties.
- Provide practical strategies to meet the needs of students with autisms, including an introduction to specific interventions, e.g. social stories™, Circles of Friends, visual systems and strategies.

Course Outcomes:

- Participants will be able to understand how autism impacts on the social, emotional and academic progress of a child with autism.

The course will be delivered by the LCI Team (AET Autism Specialist Teachers).

Our course booking website is changing, we will be updating schools on how to book shortly

Autism Education Trust (AET) Using and Applying the AET Progression Framework

Dates:

Thursday 17 November 2022 3:30-5:00pm

Wednesday 1 March 2023 3:30-5:00pm

Who is this course for:

The session is suitable for staff/practitioners working with children and young people across Schools and Post16 in both mainstream and specialist services.

Cost:

£40 per delegate

Venue:

Online via TEAMs

Areas Covered:

This training module will introduce the Progression Framework and accompanying documents and show you how to use the framework to identify key learning intentions

Course Outcomes:

Enable delegates to:

- Address skills and understanding that children and young people may find difficult as a consequence of their autism
- Recognise and build on children and young people's strengths and interests and improve overall wellbeing
- Appreciate that children and young people may need support in these areas and that their progress is dependent on this support

Delegates will be able to

- Demonstrate familiarity with the key features and content of the AET Progression Framework
- Know how to use the AET Progression Framework to identify priorities and set learning intentions for individuals
- Know how to use the AET Progression Framework to provide evidence of progress

This course will be delivered by the LCI Team, (AET Autism Specialist Teachers).

Our course booking website is changing, we will be updating schools on how to book shortly

Sensory Processing Differences in SEND Pupils

Dates: -

Monday 21 November 2022, 9:00am – 12:00pm

Monday 9 May 2023 9:00am – 12:00pm

Who is this course for:

SENDCos, Class teachers, teaching assistants

Fee:

£75 per delegate

Venue:

Face to face (venue to be confirmed).

Areas Covered:

- An overview of what are sensory processing differences.
- Identifying sensory differences and sensitivities using a profile.
- Review of how sensory processing differences affect how children interact with the world around them.
- How sensory processing differences impact on learning, interactions and behaviour.
- Ideas of how to manage sensory differences in a school environment.
- Review of strategies and interventions to support children with sensory processing differences.

Course Outcomes:

Participants will be able to understand how sensory processing differences impact on the social, emotional and academic progress of a child with SEND.

- Participants can use a profile to identify sensory differences and plan support.
- Participants will be more confident to implement strategies in the classroom with children and young people with sensory processing differences.

This course will be delivered by Louise Moran, LCI Team.

Our course booking website is changing, we will be updating schools on how to book shortly

Let's Talk (Intervention Training)

Dates:

Wednesday 23 November 2022

9:00-3:30pm

Who is this course for:

SENDCoS, Teachers and Teaching Assistant pairs or 2 TAs if SENDCo has already trained in Let's Talk.

Fee:

£150 per delegate

+ £65 per school for electronic resources folder

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- The communication process.
- What a language group looks like.
- Pre and post screening.
- Language group activities

Course Outcomes:

The Delegates will be equipped to run a Let's Talk Language group intervention.

Each School will receive access to a Virtual folder which contains:-

- Pre & Post screening materials.
- 10 weeks of Language group plans for KS1 and KS2 Children.
- Printable Resources.

To be delivered by the LCI Team : Kate Westwood

Our course booking website is changing, we will be updating schools on how to book shortly

Dyslexia Parent Workshops (online)

Dates:

Workshop 1 – Wednesday 23 November 2022

Workshop 2 - Monday 20 March 2023

Workshop 3 – Wednesday 7 June 2023

All workshops will run 9:30 – 10:30am

Who is this course for:

For parents and carers of pupils (Year 2-10) with a dyslexia diagnosis (or undergoing the diagnostic process) attending a Leicester City School.

Fee:

Free

Venue:

Will be run via Microsoft Teams

Areas Covered:

- Content - To provide information and support suggestions for a range of issues which affect learners with dyslexia at school and at home. There will also be an opportunity to ask questions and share ideas.
- Workshop 1: Digital Technology to support Learning
- Workshop 2: Supporting Spelling
- Workshop 3: Supporting personal organisation

Course Outcomes:

- Participants will more informed and knowledgeable in supporting young learners with dyslexia.

This course will be run by the LCI Team . Workshop 1 Paula Jones, Workshop 2 Kate Keavney, Workshop 3 Holly Hincks,

Our course booking website is changing, we will be updating schools on how to book shortly

Autism Education Trust (AET) Making Sense of Autism: Anxiety Module

Dates:

Thursday 24 November 2022 3:30-5:00pm

Wednesday 8 March 2023 3:30-5:00pm

Who is this course for:

staff/practitioners working with children and young people across schools and Post 16 in both mainstream and specialist services.

Cost:

£40

Venue:

Online via TEAMS

Areas Covered:

- Knowledge about how prevalent and impactful anxiety can be on autistic CYP
- How anxiety can be transactional and we all have a role in reducing anxiety in school
- To understand that there is a toolbox of approaches that can be used to reduce anxiety and the first step is to learn about the individual's triggers and preferred means of support
- To understand that by reducing anxiety we can significantly improve a CYP's ability to engage with school life and their peers, as well as improve general well-being.

Course Outcomes:

After completing this module, you will be able to understand:

- How autistic CYP might express anxiety.
- What can cause anxiety in autistic CYP.
- What you can do to prevent and reduce anxiety in autistic CYP.

This course will be delivered by the LCI Team. (AET Autism Specialist Teacher)

Our course booking website is changing, we will be updating schools on how to book shortly

Autism Education Trust (AET) Post 16 Programme: Making Sense of Autism: Raising Awareness

Dates:

Monday 28 November 2022, 1:00-3:00pm

Wednesday 24 May 2023, 3:00pm – 5:00pm

Who is this course for:

For everyone involved in a Post 16 setting who would benefit from an understanding of autism.

Fee:

£50 per delegate.

Venue:

Online via TEAMS

Areas Covered:

- To understand the four key areas of difference that need to be taken into account when working with young people with autism.
- The importance of understanding the young person on the autism spectrum and their profile of strengths and areas for development.
- Identify key areas to help young people on the autism spectrum build positive relationships with staff, peers and people in their community.
- To develop an awareness of the sensory and communication differences that young people on the autism spectrum experience.

Course Outcomes:

- Gain a better understanding and awareness of autism and the way it affects young people in your setting.

This course will be delivered by the LCI Team (AET Autism Specialist Teachers).

Our course booking website is changing, we will be updating schools on how to book shortly

Play Interaction Briefing: - Establishing Social Connections With Others

Dates:

Wednesday 30 November 2022, 1:00pm – 3:00pm

Monday 24 February 2023, 1:00pm – 3:00pm

Thursday 15 June 2023, 1:00pm – 3:00pm

Who is this course for:

Exploring ways of developing social awareness and enjoying the company and interaction of another person through interactive play

Fee:

Free to those schools that have received Play Interaction training.

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible

Areas Covered:

Exploring ways of developing social awareness and enjoying the company and interaction of another person through interactive play.

Focus on: -

- Copying and imitating play techniques.
- Using children's interests to create interactive play activities e.g. people games and object/sensory play.
- Building early communication skills e.g. joint attention, looking, anticipation, turn taking.
- Generalising social interaction.
- Recording and assessment tools for communication and interaction skills.

Course Outcomes:

The Play Interaction briefing will provide trainees with a focus on ideas and techniques to help children make social connections, engage in parallel and small group play and learning with others. This includes playground interaction with peers

- Refreshed and most up to date information and ideas are used by the TA in their role.
- TAs are aware of new resources, assessment material, websites etc that support them in their work with pupils in the school.
- School to school Support.

This course will be delivered by Jyoti Sharma, LCI Team

Our course booking website is changing, we will be updating schools on how to book shortly

Autism Education Trust (AET) Making Sense of Autism: Behaviour and Exclusions Module

Dates:

Thursday 1 December 2022 3:30-5:00pm

Wednesday 15 March 2023 3:30-5:00pm

Who is this course for:

For SENDCos, Inclusion Leads teachers and
TA's schools or post 16 settings.

Cost:

£40

Venue:

Online via TEAMS

The aim of this module is to enable delegates to:

- Understand the legal context of autism and exclusion
- Understand the risk of illegal exclusion and how to avoid it occurring
- Better understand the triggers and ways of managing distressed behaviours

After completing this module delegates will be able to:

- Demonstrate better knowledge of what is expected of settings in terms of the rights of CYP and families in relation to exclusion
- See the exclusion experience through the eyes of the autistic CYP
- Consider how they can make reasonable adjustments to reduce the risk of exclusion occurring
- Understand how exclusion can significantly negatively impact an autistic child and **young person's experiences and outcomes**
- Recognise how the whole setting has a role to play in helping autistic pupils avoid exclusion

This course will be delivered by the LCI Team. (AET Autism Specialist Teacher)

Our course booking website is changing, we will be updating schools on how to book shortly

Solihull Approach: A Whole School Approach to Understanding Behaviour

Dates: - (2 Day course over 4 Half Days)

Tuesday 17 and Wednesday 18th January 2023,
9:00am – 12:00pm

Tuesday 31 January and Wednesday 1st February
2023, 9:00am – 12:00pm

Who is this course for:

Class teachers, teaching assistants, subject Teacher, form tutors, behaviour and learning mentors, pastoral staff.

Fee:

£300 Per delegate

Venue:

Will be run via Microsoft Teams.

Areas Covered:

- This course provides a framework to understanding all relationships.
- Developing an understanding of the principles of the Solihull Approach including containment, reciprocity and behaviour management.
- Understanding the impact of experiences on behaviour and the social and emotional development of children and young people.
- Helping staff translate theory into practice; through a more consistent approach to the way in which they work with children, young people and their families.

Course Outcomes:

- Delegates will understand the principles of 'good enough parenting' and understanding children's behaviour.
- They will learn to apply the three elements of the Solihull approach (i.e. containment, reciprocity and behaviour management) in a practical way.
- Understand the impact of experiences on social and emotional difficulties.
- Delegates will be able to more effectively support pupils, parents and colleagues.
- It is highly recommended that delegates purchase a Solihull Resource Pack folder –The price of which is included in the course costs.

This course will be delivered by the LCI Team: Helen Atkins and Michelle Deeming.

Our course booking website is changing, we will be updating schools on how to book shortly

Speech and Language Support In The Classroom 3 Day Course

This 3-day course will run on the following dates:

Wednesday 18 January, Wednesday 25 January & Wednesday 1 February 2023
9:00am – 3:00 pm

Who is this course for:

SENDCo/Teacher and teaching assistant pairs.

Fee:
£450

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- Identification of speech, language and communication needs (SLCN).
- Strategies and resources to support all areas of SLCN including listening and attention, memory difficulties, understanding verbal information, expressive language difficulties, effective teaching of vocabulary, narrative skills, speech sound difficulties and social interaction.
- Impact of SLCN on teaching, learning, literacy and behaviour.
- The language friendly environment.
- Communication process.
- Normal communication development.

Course Outcomes:

- A range of strategies to inform quality first teaching in the classroom.
- Ideas to develop the language supportive classroom.
- An increased understanding of speech language and communication and how this impacts on teaching, learning and behaviour.
- An increased ability to identify SLCN.

This course will be delivered by the LCI Team.

Our course booking website is changing, we will be updating schools on how to book shortly

NQT Training Autism, Communication and Interaction Needs in the Classroom

Dates:

Wednesday 18 January 2023, 9:00am –
4:00pm

Who is this course for:

NQTs and teachers new to Leicester.

This course will be delivered by the LCI Team.
(Helen Atkins).

Fee:

£150

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible

Areas Covered:

- Common reasons for communication and interaction difficulties including autism.
- The impact of teacher language and communication on pupil behaviour and understanding.
- The effect of an autism friendly classroom in supporting communication and understanding and reducing stress.
- Management techniques including visual systems to support emotional understanding and increase interactions.
- Importance of developing relationships.
- Sensory Process.

Course Outcomes:

- To be able to understand and identify needs for pupils with communication and interaction needs in the classroom environment.
- To be able to modify management techniques to support pupils with autism both emotional and in their understanding.
- To be able to implement visual structures and systems to promote positive experiences and understanding.
- To be able to identify and understand some of the causes and triggers for behaviours and plan to support this in the classroom.

Our course booking website is changing, we will be updating schools on how to book shortly

Autism Education Trust (AET) Schools: Good Autism Practice (GAP)

Dates:

Monday 23 January 2023 9:00-4:00pm

Wednesday 19 April 2023 9:00-4:00pm

Who is this course for:

This module is for SENDCo. teachers and teaching assistants who work with autistic pupils (5–16).

This course will be delivered by the LCI Team.
(AET Autism Specialist Teacher)

Cost:

£150 per delegate

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

The aims are to support practitioners who work directly with autistic pupils to:

- Develop their knowledge and understanding of good autism practice.
- Reflect on and improve their practice in working with autistic pupils.
- Understand strategies and approaches they can draw upon for autistic pupils they work with.
- Reflect on the kind of information they need to collect for the one-page profile and for the pupil-centred education plan.
- Consider how to involve the autistic pupil and their family in the **pupil's** education.
- Enhance and embed inclusive practice for autistic pupils.

After completing 'Good autism practice in Schools', participants will be able to:

- Develop their knowledge of how the key areas of difference can impact on the learning of autistic pupils.
- Understand the importance of involving the pupil and family in the pupil's education.
- Consider the approaches, strategies, and adaptations they can implement to remove barriers to participation and learning for autistic pupils.
- Reflect on how knowledge about autism and the individual autistic pupil can inform the one-page profile and the pupil-centred education plan

Our course booking website is changing, we will be updating schools on how to book shortly

How to Use Social Stories and Comic Strip Conversations to Support Social Skills for Autistic CYP

Dates:

Wednesday 25 January 2023

9:00-12:00

Who is this course for:

SENDCoS, Class teachers, Teaching Assistants

Cost:

£75 per delegate

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible

Areas Covered:

Social stories™ and Comic Strip Conversations can help autistic people develop greater social understanding and help them stay safe.

- Develop self care skills, social skills and academic abilities
- Help someone to understand how others might behave or respond in a particular situation
- Help others understand the perspective of an autistic person and why they may respond or behave in a particular way
- Help a person to cope with changes to routine and unexpected or distressing events (for example, absence of teacher, moving house, thunderstorms)
- Provide positive feedback to a person about an area of strength or achievement in order to develop self-esteem
- As a behavioural strategy (for example, what to do when angry, how to cope with obsessions).
- Course Outcomes:
- To know why Social Stories™ support pupils with autism
- To be able to write a Social Story™

This course will be delivered by the LCI Team.

Our course booking website is changing, we will be updating schools on how to book shortly

School Based Assessment of Speech, Language and Communication Needs

Dates: - (Two Full Days)

Wednesday 15 February 2023 & Wednesday
15 March 2023, 9:00am – 3:00pm

Who is this course for:

SENDCos and SEN Teachers. HLTAs or Level 3
teaching assistants with responsibility for
assessment.

Fee:

Per delegate

£300 (£450 for Teacher/TA Pair – one of pair
must be a qualified teacher).

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not
possible.

Areas Covered:

Day One.

- Develop knowledge of different areas of SLCN: speech, language, and communication.
- How SLCN presents in the classroom.
- An exploration of different ways to identify SLCN difficulties.
- A practical exploration of formal and informal language assessments to use in school.

Day Two.

- Discussion of findings from case study work and recommended language assessment work.
- How to analyse language assessments.
- Identifying ways to support pupils with SLCN needs within the classroom setting.
- Exploring evidence-based intervention approaches.

This course will be delivered by the LCI Team. (Jeanette Wright)

Our course booking website is changing, we will be updating schools on how to book shortly

ELKLAN Speech and language support for 5 – 11's

Dates:

This is a 10 week course

27.2.23, 6.3.23, 13.3.23, 20.3.23, 27.3.23,
17.4.23, 24.4.23, 8.5.23, 15.5.23, 22.5.23

All sessions to run from 1:00pm – 3:00pm

Who Is It For:

Teaching assistants -Key Stages 1 and 2.

Fee: -

£430 per delegate, includes registration fee and book.

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- This course is delivered on one afternoon a week for 10 Weeks.
- The course explains the communication process and difficulties that children may experience with speech, language and communication.
- The course provides a range of practical strategies that may be used by teaching assistants in their work in the classroom or when supporting individual children.

Course Outcomes:

- Accreditation at level 2 or level 3 (OCN).
- Increased understanding of the communication process.
- Increased understanding of speech, language and communication needs in children.
- Knowledge of a range of strategies, approaches and resources to use in the classroom and with individual children to support SLCN.

NB for accreditation delegates are expected to submit a short, written learning log weekly.

This course will be delivered by accredited Elklan trainers from the LCI Team. (Jeanette Wright)

Our course booking website is changing, we will be updating schools on how to book shortly

School Based Assessment in Mathematics

Dates:

Wednesday 8 March 2023, 9:00am – 12:00pm

Friday 31 March 2023, 9:00am – 12:00pm

Who is this course for:

SENDCos, SEN Teachers with responsibility for assessments in Maths.

Fee:

£150 per delegate

Venue:

Face to face (venue to be confirmed).

Areas Covered:

Day One: (am only)

- Understanding the challenges inherent in learning mathematics.
- Exploring some of the ways we can identify mathematical difficulties.
- Introduction to the 'Quick Numeracy Check' (QNC) and other useful assessments.

Day Two: (am only)

- What is maths anxiety?
- Discussion of findings from your exploration of Numeracy SBA in school.
- Identifying ways to support pupils who are finding maths challenging in class through high quality teaching.
- Exploring evidence-based intervention approaches.
- A brief introduction to dyscalculia.

Course Outcomes:

- Receive a QNC resource pack
- Be able to complete basic maths-assessments.
- Knowledge of high-quality teaching and resources to use with pupils who find maths challenging.
- Increased confidence in identifying pupils with dyscalculia or maths anxiety.

This course will be delivered by the LCI Team (Kate Westwood & Michelle Deeming).

Our course booking website is changing, we will be updating schools on how to book shortly

Autism Education Trust (AET) Post 16 Programme: Good Autism Practice

Dates: (Single Day)

Wednesday 22 March 2023, 09:00am – 4:00 pm

Who is this course for:

This training is for all staff working directly with young people with autism. This will include SENDCo's, Tutors and TA's.

Fee:

£150

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- To develop your understanding of autism and what makes good autism practice.
- Practical strategies to support outcomes and experiences for the students with whom you work.
- To use tools provided to develop and evaluate your practice and that of your setting.

Course Outcomes:

- Gain practical knowledge.
- Discover hands on tools and techniques to support young people with autism in your setting.

The course will be delivered by the LCI Team (AET Autism Specialist Teachers).

Our course booking website is changing, we will be updating schools on how to book shortly

Autism Education Trust (AET) Leadership Inclusion and Structural Reasonable Adjustments: The Suite of Resources for Leaders

Dates:

Wednesday 29 March 2022 9:00-4:00pm

Who is this course for:

School SENDCo, Leaders and Autism
Champions (School and Post16)

This course will be delivered by the LCI Team.
(AET Autism Specialist Teacher)

Cost:

£75 per delegate

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not
possible.

Areas Covered:

- Two modules for leaders to support culture change and improve Good Autism Practice (GAP)
- To look at how inclusive provision and structural reasonable adjustments can help a setting to be outstanding.
- To consider what is needed to lead culture change in a setting.
- To know about AET resources and guidance that can support leaders to provide inclusive environments through structural reasonable adjustments.
- To consider different ways of making structural reasonable adjustments to ensure autistic children and young people are fully supported.
- A wide range of additional resources to support leaders to manage culture change and implement GAP

Learning objectives

- To understand the importance of the GAP Principles and Inclusion Promises.
- To be able to develop a culture where autistic children and young people feel listened to, supported and included.
- To have the skills, tools and confidence to lead change in their setting.
- To have a good understanding of educational legislation related to inclusion.
- To reflect on and plan next steps for what is required
- To lead change and fully embed an inclusive culture.
- To understand how to embed the Autism Standards Framework to improve good autism practice.

Our course booking website is changing, we will be updating schools on how to book shortly

Autism Education Trust (AET) Post 16 Programme: Transitions to Employment

Dates:

Wednesday 26 April 2023, 1:00 –4:00

Who is this course for:

This training is suitable for all practitioners working as a team around a young person with autism transitioning: SENDCo, Post-16 careers/employability professionals, Tutors, and Teachers

This course will be delivered by the LCI Team (AET Autism Specialist Teachers).

Fee:

£75 per delegate

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- Explain the recruitment barriers autistic young people face in accessing employment opportunities.
- Promote the benefits of employing autistic young people for employers.
- Effectively use the tools within the Transition to Employment toolkit to prepare and support autistic young people into work experience/employment opportunities.
- Guide employers to implement accessible recruitment and selection processes, and workplace adjustments for autistic young people.
- Improve inclusive work experience/employment opportunities for autistic young people.

Course Outcomes:

- Identify interview and selection practices that can remove barriers for autistic people, including helpful adjustments before, during and after an interview/assessment.
- Promote autistic strengths, talents and skill sets, and the benefits for employers of hiring autistic young people.
- Identify barriers autistic young people may encounter in the workplace, and examples of workplace adjustments that can be made.
- Reflect upon the anxieties autistic young people may experience within the workplace and how through successful implementation of workplace adjustments these will be reduced.
- Discuss the importance of employers promoting well-considered inclusive work experience/employment opportunities to enable autistic young people to reach their full potential, demonstrating their skills, expertise, and experience with confidence.
- Use and endorse tools from the toolkit to share with employers to identify, implement and record individualised workplace adjustments.

Our course booking website is changing, we will be updating schools on how to book shortly

Transition Training for Teaching Assistants who Support Autistic Pupils in Year 6

Dates:

Wednesday 26 April 2023 1.00- 3.00pm

Who is this course for:

Teaching assistants (TAs) who have attended Autism Education Trust (AET) Making Sense of Autism Level 1 Training.

Fee:

Free for 1 delegate per Leicester City school
£30 for extra delegates.

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

The training offers techniques for effective transition planning for young people on the autism spectrum who are going to Secondary School.

Course Outcomes:

- Teaching Assistants will be able to share how they support their Tweens and Teens experiences in the autistic children they work with.
- Teaching Assistants will be able to share how they support Year 6 transition with the autistic children they work with.

This course will be delivered by Allison Hill, LCI Team.

Our course booking website is changing, we will be updating schools on how to book shortly

Supporting pupils with complex needs in mainstream

Dates:

Wednesday 26 April 2023 9:15-3:30pm

Who is this course for:

Teachers, Sencos, TAs in mainstream schools

Cost:

£150 per delegate

Venue:

Face to face (venue to be confirmed)

Areas Covered:

Understanding of complex needs

Effective ways to integrate pupils, including during play.

Meeting need through differentiation and personalised planning

Teaching approaches and the multi-sensory learning environment.

Language and communication strategies.

Assessment, outcomes and accurate monitoring of progress.

Course Outcomes:

Participants will have:

increased confidence in supporting pupils with more complex needs

Information about making secure judgements about pupil baseline assessment and progress.

knowledge of effective teaching methodology and differentiation strategies to support the **child's learning and well-being**

knowledge of other training materials and support organisations

This course will be delivered by Deb Perkins

Our course booking website is changing, we will be updating schools on how to book shortly

Social, Emotional & Mental Health Training

Team Teach – Level 1 Positive Behaviour Management: 6 hour

Dates:

Wednesday 14 September 2022 or

Wednesday 26 October 2022

9:00am – 3:30pm

Dates for 2023 will be announced soon.

Who is this course for:

Anyone member of staff or leadership team working with dysregulated children who wish to learn effective de-escalation skills and ways of working safely with the children.

Fee:

£150

Venue:

The BRITE Centre, Braunstone Avenue,
Leicester, LE3 1LE

Areas Covered:

- Training in Positive Handling Strategies through a whole school holistic approach, ensuring increased understanding and ability to manage difficult and sometimes disturbing behaviour.
- Team Teach aims to reduce risk using de-escalation and diversion, exploring the possible reasons for challenging behaviour.
- Focus on support and safety for both children and staff.
- The course is interactive both in discussions and practice of physical techniques.
- A focus on restorative practice and post incident Support.
- Understanding of what the law says about Restrictive Physical Intervention, recording, reporting, and monitoring.

Course Outcomes:

- Participants will gain a nationally accredited certificate.
- Increased knowledge, understanding and skills around challenging behaviour.
- Participants will gain the ability to utilise safe and basic physical interventions.

This course will be delivered by the SEMH Team.

Alternatively, this course can be delivered in your primary school/setting. Please discuss this with your SEMH link teacher or email: - team.teachenquiries@leicester.gov.uk

Anxiety Related Non-Attendance: Supporting the return to school through a CBT approach

Dates:

Friday 23 September 2022 9:15am – 3:30pm

Who is this course for:

School SENDCo's and pastoral staff

Cost:

£150

Venue:

Venue details to go here

Areas Covered:

- Identifying ARNA (anxiety related non-attendance) and factors that contribute to it
- An understanding of the CBT model to inform how to intervene in case-by-case situations: importantly, how we apply this to children
- Evidence Based, practical activities that support anxiety allowing staff to deliver a specific intervention to support the return to schools (this has the flexibility to be adapted for age and need). *This includes 'PsychoEducation' and 'Graduated Exposure' as well as more specialised questioning techniques*
- Understanding the role of 'maintaining factors' in a child's absentee-ism and what can be done about them
- Specific skills for working with parents and carers: to enhance their role in supporting the return to school
- An awareness of the systemic factors within school that can support to lower anxiety and further support the return.

Course Outcomes:

- To have confidence in identifying the different factors that have contributed to ARNA
- Use greater practical skills in delivering a CBT-informed intervention related to these factors
- Be more mindful of the needs and role of parents to act co-therapeutically
- To consider wider adjustments in making a school more 'anxiety friendly'

This course will be delivered by the SEMH Team.

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

Practical strategies to support wellbeing in schools.

Dates:

Thursday 29 September 2022 and

Thursday 16 March 2023 - 1:00pm – 3:30pm

Who is this course for:

Any staff working directly with children/young people.

Fee:

£150

Venue:

Face to face (venue to be confirmed)

Areas Covered: -

- Introduction to wellbeing theories.
- Practical based session*.
- Mindfulness.
- Yoga.
- Breathing techniques.
- Grounding.
- Tapping.
- Awe and wonder.

Course Outcomes: -

- Increased awareness of practical strategies to support the wellbeing of pupils and staff.
- Build and develop confidence to implement strategies into practice.
- Support staff to create an ethos that promotes wellbeing.

** Please note this is a practical session. Please wear comfortable clothing and bring a mat or blanket.*

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

Establishing Group Interventions to Build Wellbeing and Resilience

Date:

Tuesday 4 October 2022, 9:15am – 3:30pm

Who is this course for:

Mentors, support staff, HLTA, Family support workers.

Fee:

£150

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- Developing Group work to support children and young people who are experiencing difficulties in Social Emotional and Mental Health. Participants will have opportunity to experience a range of topics:
- Anxiety.
- Building Self-esteem and Resilience.
- Cooperation and team building.
- Using assessment tools to identify children's needs when setting up targeted group activities and measuring their impact.

Course Outcomes:

- To develop practical activities/lessons that will support participants to run group work developing mental health and wellbeing in their school setting.
- To recognise the importance of group dynamics when setting up groups.
- To understand the importance of our emotional wellbeing and how this can impact. The course will providing opportunities to reflect on our own wellbeing.

This course will be delivered by the SEMH Team.

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

Restorative Approaches in Schools

Dates: - (Three Days)

Thursday 13, Friday 14 October 2022

Friday 4 November 2022 , 9:15am – 4:00pm

Who is this course for:

SENDCoS, Teachers, Mentors and Support Staff.

Fee:

£660 for 3 people (3rd delegate place is free)
otherwise £330 per person.

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- What is conflict and how does it affect us? Can it ever be good?
- What are the 4 main ways of resolving conflict and how effective are these?
- Why Restorative Practices? What are the benefits?
- Using practical, mediator skills under the restorative model to solve challenge situations.
- Using the restorative model to hold a mediating conference between 2 or more parties.
- How we can apply this to the wider school setting and develop a restorative school.

Course Outcomes:

- To understand the needs of individuals who are harmed and require support.
- See the effects of harm from different perspectives and the effectiveness of Restorative Approaches as a primary response to conflict.
- Be confident in applying the restorative model to help restore relationships for all people within our school communities.
- Use specific techniques in restorative mediation, when helping people recover from harm.
- Use the wider principles of Restorative Approaches to foster a whole-school Restorative Approach.

This course will be delivered by the SEMH Team.

To book your place, register at

<https://removingbarriers.lls.leicester.gov.uk/courses>

Attachment Friendly Approaches to Whole School success

Dates:

Wednesday 5 October 2022 9:15am – 4.00pm

Who is this course for:

Staff who have just taken on working with children with attachment needs.

Fee:

£150

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- Attachment theory.
- Impact of attachment issues.
- Developmental trauma.
- Effective interventions for individuals. Whole school arrangements to lead to an 'attachment friendly school'.

Course Outcomes:

- Enhanced understanding of attachment theory.
- Greater understanding of children's difficulties who have attachment issues and developmental trauma.
- Participants will have new practical strategies for individuals.
- Participants will have ideas for whole school development.

This course will be delivered by the SEMH Team.

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

How the Impact of Social Media Effects Pupil's Views, Thoughts and Respect for Themselves and Others

Dates:

Monday 31 October 2022, 9:15am – 3:30pm

Who is this course for:

School leadership team, SENDCos, Teachers, Mentors and Support Staff.

Fee:

£150

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- Types of social media used by children and young adults.
- The positive and negative impact social media can have.
- Strategies schools can use to teach children and parents how to use social media safely and when to ask for help.

Course Outcomes:

- To recognise how and why children use social media.
- To recognise the impact social media can have on children and young adults and how that can affect their mental health.
- How to recognise the signs of unhealthy social media use.
- How to support children in using social media safely and when to ask for help.

This course will be delivered by the SEMH Team.

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

Nurturing Practices

Dates:

Tuesday 8 November 2022, 9:15am – 3:15pm

Who is this course for:

School leadership, SENDCos, staff leading and working in school Nurture Groups (teachers, mentors, and support staff).

Fee:

£150

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- Background and history to nurture groups.
- An introduction to Attachment Theory.
- The importance of play.
- Practical nurturing Ideas.
- Risk and resilience factors for children.

Course Outcomes:

- To develop an understanding of nurturing practices and nurture group provision within Schools.
- To gain practical ideas for use within a Nurture Group Setting.

This course will be delivered by the SEMH Team.

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

Developing Wellbeing Through Cognitive Behavioural Approaches

Dates:

Thursday 9 November 2022, 9:15am – 3:30pm

Who is this course for:

SENDCoS, teachers, mentors and support staff.

Fee:

£150

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- Theoretical approaches to cognitive behaviour therapy (CBT).
- Knowledge of CBT based activities.
- Use of CBT approaches to support children.

Course Outcomes:

- Understanding and knowledge of CBT theory.
- Awareness of a range of approaches and activities based on CBT which can support children.

This course will be delivered by the SEMH Team.

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

Understanding the Boxall Profile

Dates:

Tuesday 29 November 2022, 9:15am – 12:15pm

Who Is It For: -

SENDCos, staff leading and working in school Nurture Groups (teachers, mentors, and support staff).

FEE: -

£75

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- Assessment tools and monitoring for children with social, emotional, and mental health needs.
- Using the Boxall Profile.
- Practical applications for supporting children with social, emotional and mental health needs.

Course Outcomes:

- To understand and use the Boxall Profile as a tool for supporting children with social, emotional and mental health needs (SEMH).
- To gain practical ideas for using with children with SEMH needs.

This course will be delivered by the SEMH Team.

Our course booking website is changing, we will be updating schools on how to book shortly

Mindfulness: What is it and How Can it be Used in Schools

Dates:

Wednesday 18 January 2023, 9:15am – 3:30pm

Who is this course for:

SENDCos, Teachers, Mentors and Support Staff.

Fee:

£150

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- Brief introduction to the theory of mindfulness.
- Ways in which mindfulness can be used to support the development of children's social, emotional and mental health (SEMH) skills in school – particularly important in the current uncertain climate.
- How our own mindful practice can influence and guide the SEMH needs for children.

Course Outcomes:

- Basic understanding of the theory of mindfulness.
- Practical strategies which can be used to develop 'mindful' behaviours in children (and ourselves).
- An understanding of mindfulness approaches which can support and improve the SEMH needs of children, young people and the adults who support them.

This course will be delivered by the SEMH Team.

Our course booking website is changing, we will be updating schools on how to book shortly

Challenging our Conscious and Unconscious Bias to Improve the Equity Within Schools for Children and Staff

Dates:

Monday 30 January 2023, 9:15am – 3:30pm

Who is this course for:

School leadership team, SENDCos, teachers, mentors and support staff.

Fee:

£150

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- Self-identity- the parts that make us who we are.
- What unconscious bias is and how it impacts the way we respond to others.
- Types of discrimination.
- The impact conformity can have on our decision making and opinions.
- How the media can shape our views.
- The impact discrimination and inequity can have on the individual.
- How to challenge and create change for the future.

Course Outcomes:

- Increased awareness of our own biases and strategies we can use to challenge them.
- To create a personalised action plan for your school with the aim of improving the equity for all.

This course will be delivered by the SEMH Team.

Our course booking website is changing, we will be updating schools on how to book shortly

Trauma Informed Practices for Primary Staff

Dates:

Wednesday 8 February 2023, 9:15am – 3:30pm

Who is this course for:

Primary School staff

Fee:

£150

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- Introducing trauma: understanding the impact of Adverse Childhood Experiences on children.
- Utilising Cognitive and Neurological theories to develop our understanding of the impact of Adverse Childhood Experiences on learning, emotions and relationships.
- Developing best practices to support children who have experienced trauma within the school community, with a particular focus on practical ways of working.

Course Outcomes:

- Knowledge of theories, approaches and practical skills to effectively support children following traumatic experiences.
- Understanding of specific difficulties which are related to developmental trauma.

This course will be delivered by the SEMH Team.

Our course booking website is changing, we will be updating schools on how to book shortly

Trauma Informed Practices for Secondary staff

Dates:

Thursday 9 February 2023, 9:15am – 3:30pm

Who is this course for:

Primary School staff

Fee:

£150

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- Introducing trauma: understanding the impact of Adverse Childhood Experiences on children.
- Utilising Cognitive and Neurological theories to develop our understanding of the impact of Adverse Childhood Experiences on learning, emotions and relationships.
- Developing best practices to support children who have experienced trauma within the school community, with a particular focus on practical ways of working.

Course Outcomes:

- Knowledge of theories, approaches and practical skills to effectively support children following traumatic experiences.
- Understanding of specific difficulties which are related to developmental trauma.

This course will be delivered by the SEMH Team.

Our course booking website is changing, we will be updating schools on how to book shortly

Wellbeing for children: Identity and Values. How our own values help shape our identities

Dates:

Monday 13 February 2023, 9:15am – 3:30pm

Who is this course for:

School leadership team, SENDCos, teachers, mentors and support staff.

Fee:

£150

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- How to build self-esteem & resilience- through group work to support children and young people who are experiencing difficulties expressing aspects of the culture through shared values.
- Understanding Identity in a social and cultural setting (conformity issues)
- Cooperation and team building.
- Exploring our personal identity- the parts that make us who we are.
- Gaining insight into labelling and how it can affect self-esteem
- The impact conformity can have on our decision making and opinions.
- How the media can shape our views.
- The impact discrimination and inequity can have on the individual.

Course Outcomes:

- A greater understanding of how our own values have helped shape our identities.
- Practical ways to discuss and listen to the views of others
- Lesson plans-Identity circles-what makes me, me.
- Supporting staff to facilitate open and safe discussions in their classroom and school

This course will be delivered by the SEMH Team.

Our course booking website is changing, we will be updating schools on how to book shortly

What I Need to Know About Mental Health and Wellbeing in School

Dates:

Thursday 1 March 2023, 9:15am – 3:30pm

Who is this course for:

School leadership team, SENDCos, teachers, mentors and support staff.

Fee:

£150

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- A practical course exploring staff and children's wellbeing.
- Understanding the factors that contribute to good mental health and identifying those children that will need support.
- Exploring the role and interventions schools can take in promoting and supporting mental health.

Course Outcomes:

- Exploring the role and interventions schools can take in promoting and supporting mental health.
- To develop practice skills that enhance positive mental health in the classroom and interventions.
- To enhance practice so that it is in line with Equalities Act, Children & Families Act as well as Ofsted Framework.

This course will be delivered by the SEMH Team.

Our course booking website is changing, we will be updating schools on how to book shortly

Understanding and managing anxiety

Dates:

Wednesday 22 March 2023, 9:15am – 12:30pm

Who is this course for:

SENDCos, teachers, mentors and support staff.

Fee:

£75

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- Anxiety as one of the most common mental health problems to affect children and young people, particularly in the current climate of uncertainty.
- How to recognise anxiety.
- Practical tools, strategies and resources to support cognitive behaviour therapy (CBT) approaches with anxious children.

Course Outcomes:

- To develop an understanding of cognitive behavioural anxiety approaches.
- To gain practical activities and strategies to support the use of cognitive behavioural approaches with anxious pupils.
- To have the skills to support pupils recognise anxiety driven behaviours.
- To develop strategies and approaches to manage anxiety.

This course will be delivered by the SEMH Team.

Our course booking website is changing, we will be updating schools on how to book shortly

Therapeutic Play Approaches

Dates:

Wednesday 17 May 2023, 9:15am – 3:15pm

Who is this course for:

SENDCos, mentors and support staff.

Fee:

£150

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- The definition of and developmental stages of play.
- The therapeutic benefits of play.
- The theory & neuroscience behind therapeutic play approaches.
- Our role in play.
- Opportunities to explore resources and learn through play.
- Ideas for a play tool-kit.

Course Outcomes:

- To increase knowledge and understanding of theories related to play and the neuroscience that unpins therapeutic play-based Practices.
- To develop an understanding of the transformative benefits of play & the fundamental rights of a child to play.
- To understand the main developmental/transformative stages of play (& what may have hindered this process).
- To explore the therapeutic toolkit & consider our role in enhancing the therapeutic value of play.

This course will be delivered by the SEMH Team.

Our course booking website is changing, we will be updating schools on how to book shortly

City Psychology Service

Behaviour. What has language got to do with it?

Dates:

Thursday 3 November 2022
9.00 am -12.30 pm

Who is this course for:

SENCOs, Pastoral leads, Class Teachers,
Teaching Assistants, Subject Teachers, Form
Tutors, Behaviour and Learning Mentors (KS2,
KS3 and KS4)

Cost:

£75

Venue:

This session will be held either as a face to
face session or held virtually via Microsoft
Teams.

Areas Covered:

- Overview of research focusing on social, emotional mental health, behaviour and language and communication needs.
- Practical approaches to support children's communication and behaviour.

Course Outcomes:

- Participants will understand the links between behaviour and SLCN.
- Participants will have knowledge of approaches and strategies to support children with social, emotional and communication needs.

This course will be delivered by the Leicester City Psychology Service.

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

Social And Emotional Needs Of Adolescents / Young People With Down's Syndrome

Date:

Monday 21st November 2022
13:00pm – 3:30pm

Who is this course for:

Teaching and support staff in Key
Stage 3 and Key Stage 4
mainstream schools.

Fee:

£75

Areas Covered:

- This course will develop an understanding of the challenges faced by teenagers with Down's Syndrome in mainstream schools.

Course Outcomes:

- Gain awareness of social, emotional, psychological and behavioural needs.
- Key elements / strategies to support learning, behaviour and emotional well-being.

This course will be delivered by the Leicester City Psychology Service.

Our course booking website is changing, we will be updating schools on how to book shortly.
Please contact: - Rita.Dholakia@leicester.gov.uk for further information
or to discuss additional dates

Psychology of learning and emotions

Date:

Wednesday 22nd February 2023 09:00am – 3:00pm

Facilitators: Louise Sanders & Paul Eden, Educational Psychologists

Who is this course for:

SENcos, Pastoral leads, Class Teachers, Teaching Assistants, Subject Teachers, Form Tutors, Behaviour and Learning Mentors.

Fee:

£150 per delegate

- An introduction to psychological theories of emotional, social and cognitive development.
- Evidence-based practical ideas to support children and young people with their learning.
- Links to other training areas such as precision teaching, mediated learning, emotion coaching, motivational interviewing and attachment, language and social emotional development and therapeutic groupwork.

Course Outcomes:

- Participants will acquire an enhanced understanding of the psychological principles that influence children's learning.
- Practical ideas that can improve children's learning outcomes and a better understanding of a child's learning needs.

This course will be delivered by the Leicester City Psychology Service.

Our course booking website is changing, we will be updating schools on how to book shortly
Please contact: - Louise.Sanders@leicester.gov.uk for further information,
or to discuss additional dates

SEN Or English As An Additional Language

Date:

Friday 3rd March 2023 13:00pm – 3:30pm

Who is this course for:

Teaching staff and SENDCos.

Fee:

£75

Areas Covered:

- Understanding normal and second language developmental patterns.
- Identification of combined EAL and SEN difficulties.
- Informal and formal language assessment for SEN.
- Practical strategies for differentiation.

Course Outcomes:

- Develop skills to measure rates of progress with children with SEN/EAL.
- Use informal assessment resources and also how to develop teaching resources.

This course will be delivered by the City Psychology Service.

Our course booking website is changing, we will be updating schools on how to book shortly
To arrange bespoke training, please contact Anastasia.Andre-Warren@leicester.gov.uk

Understanding and responding to Emotionally Based School Avoidance (EBSA)

Dates:

23 November 2022 and 25 January 2023

Or by arrangement for individual settings

Who is this course for:

School leaders, SENDCos, Pastoral staff, Behaviour and learning mentors and teachers

Venue:

To be confirmed

Course outline:

Emotionally Based School Avoidance (EBSA) is a term used to describe a group of children and young people who experience severe difficulties attending school due to emotional factors, some of which have been exacerbated by covid. This new, 2-part, course will examine some of the key aspects underlying EBSA, how to improve early identification and how to work at an individual and whole school level to improve outcomes. Participants are encouraged to bring a 'live' EBSA case from their setting to work with alongside the psychological input.

Session 1 provides input on the range of push, pull and maintaining factors within home, school and the child/young person which influence school attendance, including how an understanding of these can help with the early identification of EBSA and ensure a more targeted and effective response, with a view to improving positive outcomes for children and young people.

Session 2 will include the opportunity to reflect on case formulation and how this informs next steps including interventions and other targeted approaches. It will also cover potential barriers to interventions and the use of problem solving techniques to overcome these. st change.

Course Outcomes:

- Clearer understanding about EBSA and the theory and research that exists in this area.
- Ways to identify CYP at risk of EBSA.
- Support to formulate the main 'push' and 'pull' factors for a school case
- Understanding good practice in relation to EBSA, including strategies to use at a whole school and individual student level.

Between sessions 1 and 2, the participant will use the tools and strategies provided to information gather and develop a formulation for a school case.

Our course booking website is changing, we will be updating schools on how to book shortly

To arrange bespoke training please contact Zoe.King@leicester.gov.uk

Reluctant Talkers in the Early Years

Date:

Thursday 23rd February 2023 1:00pm – 3:00pm

Who is this course for:

For early years staff who are working with children who are reluctant talkers in their setting.

Fee:

£75

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- The needs of children who are reluctant talkers in the classroom.
- How reluctant talkers can be supported in developing their confidence in communicating.
- Strategies and guidance in planning an intervention for these children.

Course Outcomes:

- Be able to develop their understanding of the needs of reluctant talkers.
- Understand the relationship between anxiety and their reluctance talk.
- Leave with a variety of approaches to support children in developing their confidence in communicating.
- Be able to plan a small stepped intervention to support confidence in communicating.
- Know how to access additional support and advice for reluctant talkers.

This course will be delivered by the Leicester City Psychology Service.

Our course booking website is changing, we will be updating schools on how to book shortly

To arrange bespoke training, please contact Louise.Sanders@leicester.gov.uk

Reluctant Talkers In Schools

Date: -

Friday 3rd March 2023, 13:00pm – 3:30pm

Facilitators: Louise Sanders & Haley Fong,
Educational Psychologists

Who this course is for:

For SENDCos, class teachers, teaching assistants, family support facilitators, subject teachers, behaviour and learning mentors, pastoral staff who may be supporting children who are reluctant talkers or who present as selectively mute.

Fee: £75 per delegate

Venue:

Face to face (venue to be confirmed).

The course will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- The needs of children who are reluctant talkers in the Classroom.
- How reluctant talkers can be supported in developing their confidence in communicating.
- Strategies and guidance in planning an intervention for these children.

Course Outcomes:

- Be able to develop their understanding of the needs of reluctant talkers.
- Understand the relationship between anxiety and their reluctance talk.
- Leave with a variety of approaches to support children in developing their confidence in communicating.
- Be able to plan a small stepped intervention to support confidence in communicating.
- Know how to access additional support and advice for reluctant talkers.

This course will be delivered by the Leicester City Psychology Service.

Our course booking website is changing, we will be updating schools on how to book shortly

To arrange bespoke training, please contact Louise.Sanders@leicester.gov.uk

Managing Feelings

Dates: -

To organize dates for your setting please contact

Davinder-Singh.Dhesi@leicester.gov.uk
(Senior Educational Psychologist)

Duration: -

This programme consists of one hourly sessions for seven weeks.

Who this course is for:

Therapeutic group intervention programme for Year 2, 3, 4 or 5 (age 6-10).

Fee: - (Max 8 People)

£650 for seven, one hour sessions plus materials

Areas Covered:

- The managing feelings programme is for children showing early signs of anxiety, emotional distress or disruptive behavioural patterns as these children are at an increased risk of developing mental health difficulties.
- The programme aims to improve emotional literacy skills by helping children identify and name their feelings, understand the feelings of other people and effectively communicate their feelings in an acceptable way.
- The purpose of the programme is to provide children with opportunities for learning about issues relevant to managing feelings, such as dealing with strong feelings and understanding the impact of body language together with the development of social and cognitive skills necessary for the management of feelings.

Course Outcomes:

- Pupils will develop improved emotional literacy skills.
- Pupils will also acquire skills to identify and manage their feelings.

This course will be delivered by the Leicester City Psychology Service.

To organise dates for your setting please contact

Davinder-Singh.Dhesi@leicester.gov.uk (Senior Educational Psychologist)

Precision Teaching

Dates:

This is available to individual schools on request.

Duration:

1½ hours initial presentation plus 2 * 1 hour follow up sessions in school.

Who this course is for:

Teachers and teaching assistants from Key Stage 1 to Key Stage 4.

Fee:

£600 up to 50 delegates £1,200 over 50 delegates.

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- An introduction to this highly effective and evidence based intervention strategy for literacy and numeracy.
- Practical and straight forward instructions on running a precision teaching programme.
- Strategies for generalising literacy and numeracy learning to the classroom.

Course Outcomes:

- Participants will understand how to plan, deliver and monitor precision teaching programmes for literacy (reading or spelling) or numeracy, beginning with the example of reading high frequency words or another area as negotiated. They will have been given the opportunity to discuss how to apply it to other areas of learning.
- As well as being offered as a short course in one of our centrally located presentation suites, it can also be delivered in schools with the addition of two follow up sessions to help embed practice.

This course will be delivered by the Leicester City Psychology Service.

To arrange bespoke training, please contact paul.eden@leicester.gov.uk

Guided Imagery

Dates:

To organise dates for your setting please contact

Davinder-Singh.Dhesi@leicester.gov.uk
(Senior Educational Psychologist)

Duration:

This Programme consists of 5 one hour sessions.

Who Is It For:

Therapeutic group intervention programme for Year 5 (age 9-10) pupils.

Fee:

£450 (Fee can be negotiated).

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- Guided Imagery is a programme of directed thoughts and suggestions which guide an individual's imagination towards a relaxed and focused state. In this state, the children are asked to imagine a specific scenario and to practise developing their imaginations in this way in order to help overcome problems (problem solving) using strategies the facilitator suggests.
- Through this image-work, children can be helped to develop their natural image-making capacity and utilise it to overcome the challenges in their life, such as coping when others say hurtful things to them, being positive and nurturing/fostering self-belief, self-efficiency and self-development.
- Guiding children through imaginary situations in which they are confident, valued, powerful and popular.
- This may just give them the boost they need in order to realise these goals.

Course Outcomes:

- Pupils acquire relaxation techniques and problem solving skills.
- These skills allow them to enhance their ability to cope with stressful situations, their positive self-belief and self-efficacy.

This course will be delivered by the Leicester City Psychology Service.

To organise dates for your setting please contact Davinder-Singh.Dhesi@leicester.gov.uk
(Senior Educational Psychologist)

Motivational Interviewing

Date:

2 half day sessions

Monday 14th November 2022 Monday 21st
November 2022 9:30am – 13:00pm

One hour coaching sessions available on
request (additional cost) .

Who this course is for:

Behaviour leads, Pastoral managers, Heads
of year, Form tutors, behaviour and learning
mentors, attendance officers, family support
workers etc.

Fee:

£150 for two- half days . For bespoke
courses costs to be confirmed.

Areas Covered:

- To develop skills for working with young people and parents who are disengaged, disaffected and/or 'hard to reach' and engaging them in a process of self-motivated change.
- Motivational interviewing is a highly effective and evidence based approach for intervening with individuals who are ambivalent and/or resistant to change.
- It provides a set of theoretical tools for accessing, eliciting and supporting an individual's commitment to self-motivated change.

Course Outcomes:

- To understand the theory of motivational interviewing and the stages for change model.
- To develop skills for engaging and motivating change.
- To be able to use the stages for change model to assess an individual's readiness for change.
- To identify relevant skills and tasks for working with an individual relevant to their stage for change.

This course will be delivered by the Leicester City Psychology Service.

Our course booking website is changing, we will be updating schools on how to book shortly

Confident Parents, Confident Children

Dates: -

To organise dates for your setting please contact:

Davinder-Singh.Dhesi@leicester.gov.uk
(Senior Educational Psychologist)

Duration: -

The programme consists of 90min sessions for five weeks followed by a 90min review 6th session.

Who this course is for:

Therapeutic Group Intervention programme for Parents.

Fee:

£800 for six 90 minutes sessions plus materials

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- Looking at skills that empower parents and carers to manage children's emotions and behaviour and finding straight forward solutions.
- The group will run for 5 weeks with a follow up session to review learning and development.
- Parents, carers and school staff to decide which issues they would like to discuss and work through.

Course Outcomes:

- Parents feel more able to engage in discussion, have more ideas and practical suggestions about parenting that may help them to make informed choices about their relationships with their children.
- Parents develop confidence in managing their children's behaviour.

This course will be delivered by the Leicester City Psychology Service.

To organise dates for your setting please contact:

Davinder-Singh.Dhesi@leicester.gov.uk (Senior Educational Psychologist)

Managing Feelings

Dates: -

To organize dates for your setting please contact

Davinder-Singh.Dhesi@leicester.gov.uk
(Senior Educational Psychologist)

Duration: -

This programme consists of one hourly sessions for seven weeks.

Who this course is for:

Therapeutic group intervention programme for Year 2, 3, 4 or 5 (age 6-10).

Fee: - (Max 8 People)

£630 (Fee can be negotiated).

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- The managing feelings programme is for children showing early signs of anxiety, emotional distress or disruptive behavioural patterns as these children are at an increased risk of developing mental health difficulties.
- The programme aims to improve emotional literacy skills by helping children identify and name their feelings, understand the feelings of other people and effectively communicate their feelings in an acceptable way.
- The purpose of the programme is to provide children with opportunities for learning about issues relevant to managing feelings, such as dealing with strong feelings and understanding the impact of body language together with the development of social and cognitive skills necessary for the management of feelings.

Course Outcomes:

- Pupils will develop improved emotional literacy skills.
- Pupils will also acquire skills to identify and manage their feelings.

This course will be delivered by the Leicester City Psychology Service.

To organise dates for your setting please contact

Davinder-Singh.Dhesi@leicester.gov.uk (Senior Educational Psychologist)

BLISS

Dates:

To organise dates for your setting please contact

Davinder-Singh.Dhesi@leicester.gov.uk
(Senior Educational Psychologist)

Duration:

The programme consists of one hour sessions for seven weeks.

Who is the course for:

Therapeutic group intervention programme for young women aged 11-13.

Fee: - (Max 10 Pupils)

£630 (Fee can be negotiated)

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- Bliss is an early intervention programme for young women aged 11-13 that aims to raise self-esteem and self-confidence around body image. The purpose of the programme is to provide participants with opportunities for learning about issues relevant to body image, such as self-esteem, positive and negative views of self, healthy living and the effects of the media.
- Bliss is aimed at those who would benefit from work around building self-confidence and self-belief about their body image. Pupils appropriate for the group would typically display low self-esteem/self-confidence, body dissatisfaction, increased importance on their body image and preoccupation with body image portrayed in the media.

Course Outcomes:

- Pupil participants will improve their emotional well-being and resiliency by raising self-esteem and positive body image.

This course will be delivered by the Leicester City Psychology Service.

To organise dates for your setting please contact

Davinder-Singh.Dhesi@leicester.gov.uk (Senior Educational Psychologist)

Deep Relaxation and Meditation For School Staff

Dates: To be arranged according to your needs.

Duration:

The programme consists of a variable number of sessions delivered in your School or Setting.

Who this course is for:

A single school staff group or staff from a group of schools. Any size of group can be accommodated.

Fee:

Price flexibility depending on requirements. Please contact Mike Turner or Caroline Trimingham to discuss.

Venue:

Face to face (venue to be confirmed).

Areas Covered:

- Learning the skills of deep relaxation and meditation to incorporate this into daily life.
- Discovering powerful ways to manage all of life's experiences
- Preparation and first steps.
- Ongoing practice.
- Maximizing the benefits of Meditation.
- Supporting each other.
- Supporting others and helping children and young people.

Course Outcomes:

- Increased natural calmness.
- Improved focus, attention and resilience.
- Increased self-awareness and awareness of others.
- Strengthened experience of emotional balance.
- Increased happiness.
- Improved memory, retention and recall.
- Improved physical health.

This course will be delivered by the Leicester City Psychology Service.

To arrange bespoke training, please contact Anastasia.Andre-Warren@leicester.gov.uk

Deep relaxation and Meditation For Teenagers

Dates:

To be agreed according to your needs.

Duration: -

The programme consists of a variable number of sessions delivered in your School or Setting.

Who this course is for:

Teenagers of any age. Different group sizes can be accommodated.

Fee: Price flexibility depending on requirements. Please contact Mike Turner or Caroline Trimmingham to discuss.

Venue:

Face to face (venue to be confirmed).

Areas Covered:

- Understanding balance and wellness
- Discovering powerful ways to manage all of life's experiences.
- Learning the skills of Deep Relaxation and Meditation to incorporate into daily routines.
- Preparation and first steps.
- Ongoing practice.
- Deepening the experience and benefits.
- Supporting each other.
- Managing potential anxiety at exam times or at any time during the school years.

Course Outcomes:

- Increased natural calmness.
- Improved focus, attention and resilience.
- Increased self-awareness and awareness of others.
- Strengthened experience of emotional balance.
- Increased happiness.
- Improved memory, retention and recall.
- Improved physical health.

This course will be delivered by the Leicester City Psychology Service.

To arrange bespoke training, please contact Anastasia.Andre-Warren@leicester.gov.uk

Friendship Skills

Dates: -

To organise dates for your setting please contact

Davinder-Singh.Dhesi@leicester.gov.uk
(Senior Educational Psychologist).

Duration: -

This programme consists of one hour sessions for seven weeks.

Who this course is for:

Therapeutic Group Intervention programme for Year 2, 3, 4 or 5 (age 6-10).

Fee:

£630 (Fee can be negotiated)

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- The Friendship skills programme is for children who have poor peer relationships, and/or are exposed to bullying, as these children are at an increased risk of developing mental health difficulties.
- The programme aims to teach children the social skills to make and sustain peer relationships and to provide children.

Course Outcomes:

- Pupils will acquire skills to manage and sustain friendships.
- Understand the importance of good listening skills for the process of friendship formation and maintenance.
- **Develop an awareness of others' feelings and demonstrate empathy.**
- Deal with bullying appropriately, in relation to themselves and others (i.e. when witnessing bullying).
- Cooperate effectively with others to reach a shared goal.
- Understand the importance of working well together in relation to sustaining good friendships.
- Use basic problem-solving strategies in order to reduce conflict that may occur in peer relationships.
- Apply problem solving strategies for making up with friends following a disagreement.

This course will be delivered by the Leicester City Psychology Service.

To organise dates for your setting please contact
Davinder-Singh.Dhesi@leicester.gov.uk (Senior Educational Psychologist).

Relaxation and Meditation For School Staff

Dates: To be arranged according to your needs.

Duration:

This programme consists of a variable number of sessions delivered in your School or Setting.

Who this course is for:

A single school staff group or staff from a group of schools. Any size of group can be accommodated.

Fee:

£75 half day. £150 full day

Venue:

Face to face (venue to be confirmed).

Areas Covered:

- Learning the skills of deep relaxation and meditation to incorporate into daily life.
- Discovering powerful ways to manage all of life's experiences
- Preparation and first steps.
- Ongoing practice.
- Maximizing the benefits of Meditation.
- Supporting each other.
- Supporting others and helping children and young people.

Course Outcomes:

- Increased natural calmness.
- Improved focus, attention and resilience.
- Increased self-awareness and awareness of others.
- Strengthened experience of emotional balance.
- Increased happiness.
- Improved memory, retention and recall.
- Improved physical health.

This course will be delivered by the Leicester City Psychology Service.

To arrange bespoke training, please contact Anastasia.Andre-Warren@leicester.gov.uk

SLEEP Transformation for School Staff

Dates: To be arranged according to your needs.

Duration:

The programme consists of a variable number of sessions delivered in your School or Setting.

Who this course is for:

A single school staff group or staff from a group of schools. Any size of group can be accommodated.

Fee:

Price flexibility depending on requirements. Please contact Mike Turner or Caroline Trimmingham to discuss.

Venue:

Face to face (venue to be confirmed).

Areas Covered:

- Learning the skills of transforming your sleep to transform your wellbeing.
- Exploring great sleep and its effects
- The relationship between mental health and sleep
- Understanding your own sleep and what is influencing it.
- Preventing chronic sleep deprivation caused by stress.
- Circadian Rhythm and Chronotypes.
- Sleep Disrupters and Sleep Enhancers.
- Creating your personalised programme.

Course Outcomes:

- Increased physical and mental health
- Improved concentration and motivation
- Greater levels of natural happiness
- Improved memory and decision making
- Increased ability in sports and academic tasks
- Dramatic reduction in daytime fatigue.

This course will be delivered by Leicester City Psychology Service.

To arrange bespoke training, please contact Anastasia.Andre-Warren@leicester.gov.uk

Sleep transformation For Teenagers

Dates:

To be agreed according to your needs.

Duration: -

The programme consists of a variable number of sessions delivered in your School or Setting.

Who this course is for:

Teenagers of any age. Different group sizes can be accommodated.

Fee: £75 half day £150 full day

Areas Covered:

- Learning the skills of transforming your sleep to transform wellbeing.
- Why is Sleep so Important. Why do we sleep? What do we need?
- **What happens if we don't get enough sleep.**
- Sleep Experience study: Building Knowledge and Self Awareness
- Sleep Disrupters and Sleep Enhancers
- What does great Sleep look like?
- Effects of different Foods and Lifestyle Choices.
- Sleep and Health, Mood, relationships.
- ADHD and Sleep (Optional).. ..ASD and Sleep (Optional)

Course Outcomes:

- Increased physical and mental health
- Improved concentration and motivation
- Greater levels of natural happiness
- Improved memory and decision making
- Increased ability in sports and academic tasks
- Dramatic reduction in daytime fatigue.

To arrange bespoke training, please contact mike.truner@leicester.gov.uk

Sleep Transformation For Primary aged Children and their Parents

Dates:

To be agreed according to your needs.

Duration: -

The programme consists of a variable number of sessions delivered in your School or Setting.

Who this course is for:

Sessions for parents with children present, and sessions for parents and children separately. Group sizes flexible.

Fee: £75 half day £150 full day

Venue:

School/setting

Areas Covered:

- Learning the skills of transforming sleep to transform wellbeing.
- Individual sleep transformations
- Whole family sleep transformations
- Help your child feel happier, healthier and more delighted with life
- Help your child to succeed academically through improved motivation, concentration and processing
- Bring increased energy to your child's day

Course Outcomes:

- Better health for child and family
- Happier children, contented parents
- Relationship and friendship benefits in school and home
- Children experience increased calmness
- Children discover increased ability to problem solve
- Increased flexibility of thinking
- Children enjoy and achieve better at school.

This course will be delivered by the Leicester City Psychology Service.

To arrange bespoke training, please -contact mike.turner@leicester.gov.uk

Emotional Literacy Support Assistant (ELSA) training

Dates:

To be confirmed – during 2022-23

Facilitators: Zoe King (Senior EP) & various EPs

Who is this course for:

Teaching and learning support assistants working in primary and secondary schools with a commitment to develop ELSA provision

Venue:

To be confirmed

Areas Covered:

- Emotional Literacy Support Assistants (ELSAs) work to promote good social and emotional development of children and young people. They deliver both preventive and targeted programmes of intervention to individuals and small groups of children, usually over a specified period of time.
- Initial ELSA training is delivered over six days, during which attendees will develop:
 - Skills for designing and planning programmes of social-emotional intervention
 - Skills for active listening and developing supportive relationships
 - **Knowledge of how to understand and support children's social-emotional development**, such as to do with self-esteem, relationship skills and managing anger
 - Knowledge of how to support children during specific experiences such as loss or bereavement

Course Outcomes:

- Attendees will develop the core knowledge and skills to enable them to practice as Emotional Literacy Support Assistants (ELSA), so long as they continue to join regular group supervision with an educational psychologist.

This course will be delivered by the Leicester City Psychology Service.

Our course booking website is changing, we will be updating schools on how to book shortly

Please contact Zoe.King@leicester.gov.uk to arrange a bespoke session

Emotional Literacy Support Assistant (ELSA) supervision

Dates:

By arrangement – six sessions per year

Facilitators: Zoe King & various EPs

Who is this course for:

ELSAs who have completed the initial ELSA training and programme and who continue to deliver ELSA work in schools

Cost::

£300 for six sessions per year

Venue:

By arrangement

Areas Covered:

- In order to practice as an Emotional Literacy Support Assistant (ELSA), ELSAs must attend group supervision every half term.
- Supervision sessions typically last around two hours, include up to eight ELSAs and are facilitated by an educational psychologist.
- Sessions aim to support ELSAs in their work, enable networking and peer support and to provide ongoing development of knowledge and skills.
- The content of each session is responsive to the needs of the group and will include a combination of case discussion and problem solving, sharing of resources and materials, and updates and input by the educational psychologist or ELSA supervisees themselves.

Course Outcomes:

- ELSAs will be able to continue to use the ELSA title in their role in school, will benefit from professional and peer support in their work and gain opportunities to develop their professional knowledge and skills.

This course will be delivered by the Leicester City Psychology Service.

Please contact Zoe.King@leicester.gov.uk to arrange bespoke sessions

Early Years Support

Get Going with Visuals

Dates: - (Half Day)

Thursday 27 October 2022, 13:00 – 16:00

Who is this course for:

Early years teachers and teaching assistants.

Fee:

£75

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- This course provides an insight into the use of visual cues to support children's communication, social development and learning.
- It focuses on the use of strategies and a range of resources, including visual timetables, choice boards, cue cards to support behaviour and labelling the environment.

Course Outcomes:

- Recognise the importance and benefits of using visual strategies with all children.
- Understand that visual cues are particularly effective for children who have speech, language and communication needs, learning needs and/or social, emotional and mental health needs.
- Have an understanding of the range of visual strategies that can be used within an Early Years setting.
- Be able to use a variety of visual strategies effectively to support communication, social development and learning.

This course will be delivered by the Early Years Support Team.

To book your place, register at

<https://removingbarriers.lls.leicester.gov.uk/courses>

Autism and Exclusions Autism Education Trust (AET)

Dates:

Tuesday 1 November 2022, 9:30am -12:30pm

Who is this course for:

Early years teachers and teaching assistants

Cost:

£75

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face is not possible.

Areas Covered:

- This module on exclusion and autism will provide delegates with an idea as to what the key causes are of autistic children and young people being excluded from school, and how staff can prevent exclusion occurring or, when it does occur, provide support for the CYP's successful return or transition on to their next placement.
- Much of what is presented in this module is based on a research study conducted by the University of Birmingham's Autism Centre for Education and Research (ACER). The report from this study is available for all delegates as their main reference.

Course Outcomes:

- Understand the legal context of autism and exclusion and understand the risk of illegal exclusion and how to avoid it occurring
- Better understanding of the triggers and ways of managing distressed behaviours. Consider how they can make reasonable adjustments to reduce the risk of exclusion occurring
- Demonstrate better knowledge of what is expected of settings in terms of the rights of CYP and families in relation to exclusion
- See the exclusion experience through the eyes of the autistic CYP
- Understand how exclusion can significantly negatively impact an autistic child and young person's experiences and outcomes
- Recognise how the whole setting has a role to play in helping autistic pupils avoid exclusion

This course will be delivered by the Leicester Early Years Support Team.

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

Fun Time

Date:

Tuesday 1 November 2022, 9:30am – 12:30pm

Who is this course for:

Early Years teachers and teaching assistants.

Fee:

£75

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

This enhanced level course develops practitioners' knowledge of promoting children's social communication skills through the Fun Time approach and enables them to plan and deliver effective Fun Time sessions within their own setting. The course involves participating in a variety of Fun Time activities and songs.

Fun Time is part of a continuum of provision to develop children's social communication skills, along with Play Interaction and Circle Time.

Play Interaction (1 child initially) - Fun Time (small group) - Circle Time (larger group).

Course Outcomes:

Participants will:

- be able to identify the key elements of the Fun Time programme.
- be able to deliver effective Fun Time sessions.
- learn strategies and games to promote children's social communication skills.
- be able to assess and monitor children's social communication development.
- reflect on and review their practice and identify areas for development.

This course will be delivered by the Early Years Support Team.

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

An Introduction to Down's Syndrome in the Early Years

Dates: - (One Day Course)

Wednesday 2 November 2022, 9:30am – 3:30pm

-or-

Thursday 18 May 2023, 9:30am – 3:30pm

Who is this course for:

Early years teachers and teaching assistants

Fee:

£150

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- This course develops practitioners' knowledge of the strengths and needs of children who have Down syndrome and provides strategies to support effective learning.

Course Outcomes:

- Gain an overview of Down syndrome.
- Understand that there is a specific profile of strengths and difficulties inherent in Down syndrome.
- Learn strategies to support children with Down syndrome.
- Reflect on and review their practice with colleagues and identify areas for development.

This course will be delivered by the Early Years Support Team.

To book your place, register at

<https://removingbarriers.lls.leicester.gov.uk/courses>

Early Talk Boost

Dates: - (Full Day)

Thursday 3 November 2022, 9:30am – 3:30pm

Who is this course for:

Teacher and teaching assistant pairs (Early years)

Fee:

£780 for teacher and teaching assistant pair, includes £480 for the Early Talk Boost Intervention Pack (Participant booklet, Intervention manual, tracker tool, toolkit and 10 sets of Jake and Tizzy books) required for each course.

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- Early Talk Boost is a language intervention designed by ICAN and delivered by a Licensed Tutor. It is a targeted and evidence-based intervention programme for 3-4 year old children whose language development is delayed. The intervention is delivered 3 times a week for 9 weeks by a trained early years practitioner to a group of up to 8 children. It focuses on developing listening and attention skills, vocabulary, understanding language, building sentences and social communication skills.

OFSTED evaluates how well pupils develop and apply their skills and communication and how well communication is taught. They also focus on how schools narrow the gap between children with the **lowest and highest attainment. Early Talk Boost helps schools to develop children's communication and language skills, narrowing the gap between 3-4 year olds with language delay and their peers.**

I CAN's Evaluation Report shows that, after Early Talk Boost, children make statistically significant progress in their early language and make on average 6 months progress, helping them to catch up with other children their age.

Course Outcomes:

Participants will:

- be able to identify children who will benefit from the Early Talk Boost language intervention.
- become familiar with the structure of the intervention and the materials.
- **be able to deliver the intervention in school and measure the children's progress.**
- be able to provide a structured evidence-based programme that accelerates children's progress in language and communication.

This course will be delivered by the Early Years Support Team

To book your place, register at

<https://removingbarriers.lls.leicester.gov.uk/courses>

Speech and Language Support for 0-3s (ELKLAN)

Dates:

Friday 4, 11, 18 November, 2, 9 December 2022,

Friday 6, 13, 20 January 2023

Friday 3, 10 February 2023, 9:30am – 12:30pm

Friday 3 March 2023 (Portfolio Support optional 09:00am– 12:30pm)

Who is this course for:

Early Years teachers and teaching assistants

Cost:

£430 per delegate - includes accreditation fee, personal copy of the course text (Language Builders for 0-3s) and website access.

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

This is an enhanced level accredited course that develops practitioners' knowledge of communication and language development and provides practical ideas to promote children's communication and language skills.

There is a particular focus on supporting children who have speech, language and communication skills (SLCN).

Content of sessions:-

- What is communication?
- Adult-child interaction and non-verbal communication.
- Play for language.
- Listening, attention and understanding spoken language.
- The Word Journey – developing vocabulary.
- The Blank Language scheme.
- The Language Journey – encouraging the development of spoken language and clear speech.
- Sharing books, using rhymes and exploring the link to early literacy.
- Working with parents and carers to support communication development.
- Linking it all together.

Course Outcomes:

Course participants will:

- understand the processes involved in communicating.
- recognise the key features of good adult-child interaction.
- gain an awareness of different speech, language and communication needs.
- **acquire and practise strategies to promote children's language and communication development.**
- complete weekly tasks relating to language strategies and compile a portfolio of evidence that demonstrates their learning

This course will be delivered by the Early Years Support Team.

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

Get Going with Communication

Dates: - Tuesday 8, 15, 22 & 29 November 2022, 9:30am – 12:30pm

or

Thursday 3 & 10 May 2023, 9:30am – 3:30pm

Who is this course for:

Early Years teachers and teaching assistants.

Fee:

£300

Venue:

Half-day sessions in the autumn term will be through Microsoft Teams

Sessions in the summer term will be face to face, (venue to be confirmed).

Areas Covered:

This universal level course develops practitioners' knowledge and understanding of how children's communication and language skills develop and why language is an essential life skill. It provides practical ideas to enable practitioners to promote the language skills of all children and to support children who have speech, language and communication needs (SLCN).

Course Outcomes:

Participants will:

- be familiar with different models of communication and understand the processes involved in communicating.
- revisit typical development of speech, language and communication skills.
- be aware of a range of speech, language and communication needs (SLCN).
- recognise the importance of attachment and positive relationships in promoting children's development.
- learn and practise strategies to develop children's language.
- reflect on and review their own practice and identify areas for development.

This course will be delivered by the Early Years Support Team.

To book your place, register at

<https://removingbarriers.lls.leicester.gov.uk/courses>

Early Years Good Autism Practice and Using the Progression Framework Autism Education Trust (AET)

Dates:

Thursday 10 & 17 November 2022, 9:30am – 3:30pm

-or-

Monday 13 & 20 March 2023, 9:30am – 3:30pm

Who is this course for:

Early years teachers and teaching assistants.

Fee:

£300

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face is not possible.

Areas Covered:

- This course provides an overview of what autism is, describing the 'four Areas of difference'.
- It provides strategies and activities to help practitioners to develop their practice when supporting a child with autism.
- It introduces the progression framework, an interactive assessment tool for children with autism.

Course Outcomes:

- Gain knowledge and understand about the four areas of developmental difference experienced by children with autism.
- Be able to recognise the strengths and needs of individual children with autism.
- Understand the importance of building positive relationships with and around the child.
- Understand how to adapt the curriculum to meet the needs of the Individual.
- Understand how to make the environment more accessible to children with autism.
- Develop practical strategies and techniques in promoting effective teaching and learning.
- Be familiar with the progression framework and be able to use it to measure progress and identify learning priorities for children.

This course will be delivered by the Early Years Support Team.

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

Understanding and Supporting Young Children who have Social, Emotional and Mental Health Needs

Date: - (Full Day)

Thursday 24 November 2022, 9:30am –
3:30pm

Who is this course for:

Early years teachers and teaching assistants

Fee:

£150

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- This course develops practitioners' understanding of what is meant by challenging behaviour and considers factors that can have an impact on early development.
- It considers a number of models that have been developed as a means to understanding, supporting and managing challenging behaviours.

Course Outcomes:

- Acquire knowledge of the attachment process and understand how early trauma can have an impact on this.
- Consider several different behaviour models and explore how these can be helpful in understanding behaviour and developing strategies to manage it.
- Know how to write and implement a Positive Behaviour Plan.
- Reflect on and review their own practice and identify areas for development.

This course will be delivered by the Early Years Support Team.

Our course booking website is changing, we will be updating schools on how to book shortly

Supporting Children's Emotional Well-being in the Early Years

Dates:

Wednesday 18 January 2023, 9:30am –
12:30pm

Who is this course for:

Early years teachers and teaching assistants

Cost:

£75

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face
is not possible.

Areas Covered:

- This course supports teachers and early years practitioners to develop a range of tools and techniques to support children to recognise and regulate their emotions, manage their anxiety and build resilience.
- Strategies will be shared that practitioners can use in everyday practice to help children to relax and find their own inner calm.

Course Outcomes:

- Be aware of the 1,001 critical days and the impact of interaction and experience on early brain development
- Consider factors that influence a child's mental health
- Learn strategies and techniques to support children's emotional well-being and resilience
- Reflect on and review their own practice and identify areas for development.

This course will be delivered by the Leicester Early Years Support Team.

Our course booking website is changing, we will be updating schools on how to book shortly

English as an Additional Language (EAL) and (SEN)

Dates: - (Full Day)

Wednesday 1 February 2023, 9:30am – 3:30pm

Who is this course for:

Early years teachers and teaching assistants

Fee:

£150

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- This course develops practitioners' knowledge and understanding of how children acquire an additional language and of how to identify special educational needs that children with EAL may have.
- It provides practical strategies to support the needs of children who are learning EAL and have SEN.

Course Outcomes:

- Acquire knowledge of how children learn an additional language.
- Learn a range of strategies to support the acquisition of EAL.
- Be able to identify if a child who is learning EAL has special educational needs.
- Learn how to support young children who have EAL and SEN.
- Reflect on and review their own practice and identify areas for development.

This course will be delivered by the Early Years Support Team.

Our course booking website is changing, we will be updating schools on how to book shortly

Fun Time for Children Who Have Speech, Language and Communication Needs

Dates: - (Half Day)

Wednesday 8 March 2023, 9:30am – 12:30pm

Who is this course for:

Early Years teachers and teaching assistants.

Fee:

£75

This course will be delivered by the Early Years Support Team.

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

This enhanced level course includes a brief recap of the Fun Time intervention, then focuses on adapting Fun Time specifically for children who have speech, language and communication needs (SLCN). It enables practitioners to plan and deliver effective Fun Time sessions within their own setting with a focus on developing children's listening and attention skills, understanding, vocabulary and expressive language skills. The course involves participating in a variety of Fun Time activities and songs.

Fun Time is part of a continuum of provision to develop children's social communication skills, along with Play Interaction and Circle Time.

Play Interaction (1 child initially) - Fun Time (small group) - Circle Time (larger group).

Course Outcomes:

Participants will:

- recall the key elements of the Fun Time programme and the Communication Mountain model.
- be able to plan and deliver effective Fun Time sessions for children who have SLCN.
- learn strategies and adapt games to promote children's listening and attention skills, understanding, vocabulary and expressive language skills.
- be able to assess and monitor children's language development.
- reflect on and review their practice and identify areas for development.

Our course booking website is changing, we will be updating schools on how to book shortly

Hearing Support

Hearing Loss and Managing Audiological equipment

Dates: -Wednesday 21 September 2022
or
Thursday 6 October 2022, 9:30am – 3.30pm

Who is this course for:

Teachers, TAs, SENDCos

Fee:

£60

Venue:

Face to face (venue to be confirmed).

Areas Covered:

- Understanding different types of hearing loss.
- Implications of hearing loss on language, learning and communication.
- Understanding different types of audiological equipment.
- Managing equipment – ‘hands on workshops’.
- Deaf awareness strategies and how to support inclusion in the classroom

Course Outcomes:

- A better understanding of different types of hearing loss and equipment and how it affects the child you support.
- A greater knowledge of how to troubleshoot problems with audiological equipment.

This course will be delivered by the Hearing Support Team.

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

An Introduction to Sign Language

Date:

Thursday 3 November 2022, 9.30 am – 12:30 pm

Who is this course for:

All school staff.

Fee:

£60

Venue:

Face to face (venue to be confirmed).

Will be run via Microsoft Teams if face to face not possible.

Areas Covered:

- Explanation of British Sign Language, Sign Supported English and Makaton.
- Learn some basic signs for practical use in the classroom.

Course Outcomes:

- To have a basic knowledge of everyday signs.
- Increased confidence in using sign language.

This course will be delivered by the Hearing Support Team.

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

Vision Support

Effective Inclusion of a Child or Young Person with a Vision Impairment in Mainstream Settings

Date:

Thursday 6 October 2022 - 1pm to 4pm

Who is this course for:

Primary and secondary mainstream teachers, TAs, SENDCos.

Fee:

£75

Venue:

Face to face (venue to be confirmed).

Areas Covered:

- Understanding the definition of visual impairment.
- Understanding the impact of vision impairment on primary and secondary age children and young people.
- Practical advice on classroom support strategies including technology.
- The principle of adapting and modifying resources.
- Preparing for exams.
- Social and emotional inclusion for children and young people with a vision impairment.

Course Outcomes:

- An understanding of different types of vision loss and how this affects the child you support.
- A better understanding of visual impairment and its implications in the classroom.
- Practical Strategies for inclusion including technology.
- Advice on how to modify and adapt resources.
- Support in preparing for Key Stage 4 exams and assessments.
- Strategies and teaching approaches for developing social inclusion.

This course will be delivered by the Vision Support Team.

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

Supporting Students With a Vision Impairment in a Specialist Setting

Date: -

Thursday 13 October 2022, 1pm to 4pm

Who is this course for:

Teachers, TAs, SENDCos in specialist settings

Fee:

£75

Venue:

Face to face (venue to be confirmed).

Areas Covered:

- Understanding the definition of vision impairment.
- Understanding the impact of a vision impairment on the successful inclusion of children and young people in specialist settings.
- Introduction to cerebral visual impairment (CVI).
- Practical advice on classroom support strategies.

Course Outcomes:

- An understanding of different types of vision loss and how this affects the child you support.
- A better understanding of vision impairment and its implications in the classroom.
- An understanding of CVI .
- Practical Strategies for inclusion.

This course will be delivered by the Vision Support Team.

To book your place, register at
<https://removingbarriers.lls.leicester.gov.uk/courses>

IT Solutions for Children & Young People With a Vision Impairment

Date:

Thursday 26 January 2023, 1pm – 3pm

Who is this course for:

Teachers, TAs, SENDCos

Fee:

£75

Venue:

Will be run via Microsoft Teams

Areas Covered:

- Overview of how IT equipment and software allow opportunities for children and young people with a vision impairment to be more independent in their learning.
- Introduction to software, apps and specialist equipment: specialist Software/Equipment; in-Built Features in Windows 10; RNIB Bookshare.
- Principle of using technology to modify and adapt resources.
- Course Outcomes:
- An understanding of how IT equipment and software allow opportunities for children and young people with a visual impairment to be more independent in their learning.
- Knowledge of how software, apps and specialist equipment can facilitate access to learning and increase independence.
- A better understanding of how to effectively adapt and modify resources to meet a CYP's print needs.

This course will be delivered by the Vision Support Team.

Our course booking website is changing, we will be updating schools on how to book shortly

The Impact of a Vision Impairment on a Child or Young Person's Social and Emotional Well-Being

Date: -

Thursday 9 February 2023, 1pm – 3pm

Who is this course for:

Mainstream Teachers, TAs, SENDCos

Fee:

£75

Venue:

Will be run via Microsoft

Areas Covered:

- Understand the potential impact of a vision impairment on a child's social and emotional development.
- Support children and young people to understand and explain their vision needs and acquire skills such that they are socially included and develop good self-esteem.

Course Outcomes:

- A better understanding of the potential impact of a vision impairment on a child's social and emotional development.
- Know how to support children and young people to understand and explain their visual needs and acquire skills such that they are socially included and develop good self-esteem.

This course will be delivered by the Vision Support Team.

Our course booking website is changing, we will be updating schools on how to book shortly

Other providers

CAMHS (Child and Adolescent Mental Health Service)

CAMHS provide generic (multi-agency training) on mental health in children. There is a two day introductory course and further specialist course which looks at specific impairments and syndromes.

The training is provided by Specialist CAMHS staff, Educational Psychologists and others.

Contact details:

Mohammed Bham

New Parks House,

Pindar Rd,

Leicester,

LE3 9RN

T: 0116 454 4650

E: Mo.Bham@leicester.gov.uk

Disabled Children's Service

Disabled Children Service offer tailored training opportunities facilitated by professionals from the Behavioural Inclusion Service at CAMHS (Child and Adolescent Mental Health Services).

Our training courses are for short break providers offering an inclusive environment within which a child or young person with SEND can enjoy a short break activity.

We offer free introductory set courses, and tailored training, which means that if you attend an introductory course and require additional support you will receive tailored training and support from a qualified CAMHS professional. Please see further information below of the introductory courses available.

Introductory Courses

Supporting children & young people with a learning disability

Introduction to mental health and supporting young people with common mental health problems

Introduction to attachment disorder

Supporting young people with an autistic spectrum diagnosis (ASD)

Supporting young people with ADHD

Understanding Behaviours via positive behaviour support

Showing your Interest

If you are interested in one of the courses listed, please email the Training Lead at dcs@leicester.gov.uk

Courses for Teaching Assistants

- ❑ Information and advice events for teaching assistants and other support staff in school.

Contact Ash Field Academy for further information. T:0116 2737151

- ❑ Intermediate and advanced apprenticeship in supporting teaching and learning -formerly NVQ level 2 and 3.

Ash Field Academy, T: 0116 2737151

E: office@ashfield.leicester.sch.uk or

Leicester College, Michelle Ensor:- T: 07919 290491

E: mentor@lec.ac.uk

- ❑ HLTA

University of Northampton, Emma Stephenson

T:01604 893 527 E: hlta@northampton.ac.uk

- ❑ Distance learning courses including: Mental Health Awareness, Safe Handling of Medicines, Team Leading.

Leicester College, Michelle Ensor T:07919 290491, E: mentor@lec.ac.uk

- ❑ Foundation degrees for teaching assistants and other support staff.

Nottingham Trent University, Kate Harris T: 0115 8486682,

E: kate.harris@ntu.ac.uk or

University of Northampton, Julie Jones T:01604 893527,

E: julie.jones@northampton.ac.uk

- ❑ CESL -modular programme at level 4.

University of Northampton, Julie Jones T: 01604 893527,

E: julie.jones@northampton.ac.uk

- ❑ English, maths, science GCSE.

Ash Field Academy, T: 0116 2737151

E: office@ashfield.leicester.sch.uk

- ❑ English, maths and ICT functional skills.

Leicester College, Sheena Ramsey T: 0116 2515138,

E: sramsay@lec.ac.uk

- ❑ Short courses including moving and handling, SEN and disability, HLTA and lead teaching assistants support network, teaching assistant induction training for newly and recently appointed teaching assistants & access to working in schools.

Ash Field Academy, T: 0116 2737151

E: office@ashfield.leicester.sch.uk

- ❑ Short courses including ASD & ELKLAN (Speech and Language).

Special Educational Needs and Disability Service,

T: 0116 4544650, E: sends-service@leicester.gov.uk