



# The Pandemic and Me

# Having a good meeting together

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On or off – you can choose



Speak, use the chat, wave or put your hand up!



Be kind, supportive and please don't take pictures



# Our Pandemic Hero/Volunteer

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**What do they do  
or have that helps  
other people?**

**What do they do  
or have that helps  
them?**

# The pandemic: what has changed?

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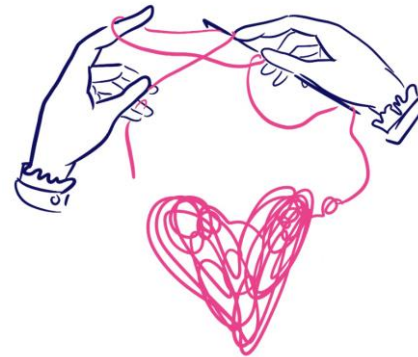
home



Friends



School/College



Support



Futures

# The pandemic: how do we feel?

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Home



Friends



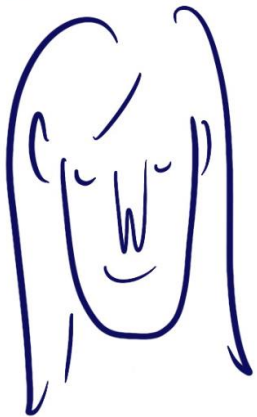
School/College



Support



Futures



# The pandemic: what helped?

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Home



Friends



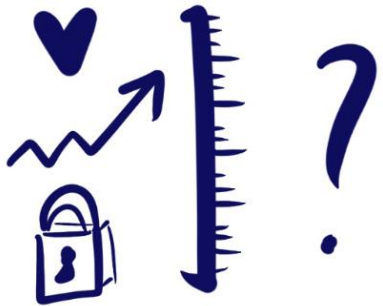
School/College



Support

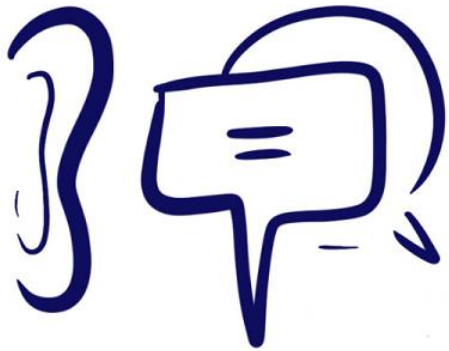


Futures



# The pandemic: communication

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# Thank you

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# Feelings

sad



fed up



embarrassed



couldn't be bothered



challenges



anxious



confused



angry



feel good about yourself



better



happy



all right



about me



bad



aggressive



things I used to enjoy



# Things that helped

