

Big Mouth Forum's Opinions of the Lockdown

What are the happy things about the pandemic?

Things I like to do



“I’m enjoying lockdown because I like staying at home”



“I am reading more often.”

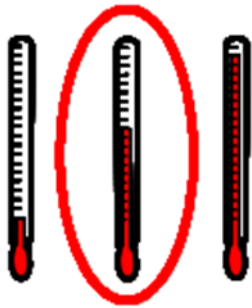


“I am able to enjoy nature, I enjoy David Attenborough documentaries like Perfect Planet.”

Feelings



“I am feeling happier and more relaxed”



“I like being at home, it’s nice and walm.”

School/ College and Uni



“Universities have accommodated the needs of the students well so they can carry on completing their degrees. We have seminars online and you can still ask questions. Tutorials are still organised.”



“I am still able to go to college which is a real benefit.”



“I am still able to learn how to understand and speak English.”



“I enjoy my Maths and English lessons more online. I am not missing school at all.”

Family Relationships



“We can spend more time with the family we live with.”



Like

“I like my family more.”



“We have good times when we chill together.”



“I understand my family more.”

Support Networks



“I admire my TA in lockdown as she tried to make things accessible as best she could.”

What are the bad things about the pandemic?

Things I like to do



“It has stopped young people from achieving personal goals and do the things they like to enjoy.”



“People are unable to access gyms.”

Education and Training



“I’m missing subjects like PE, Science, Geography and History.”



“Being able to do work at home can be limited if you don’t have the equipment.”



“Students are unable to have access to all of the facilities they need i.e. libraries.”

Family Relationships



“The pandemic has made me prefer to be alone.”



“I am having more arguments with family members.”



“I am missing not seeing my family like grandparents.”

Feelings



“I get angry more often.”



“I have more mood swings.”



“Sometimes it can be very stressful.”

Support Networks



“I am missing my teacher and support workers and they are missing seeing me.”

Physical Health



“I am not exercising that much.”



“Some families don't have access to healthy foods.”

What has helped you in the last year?



“Online activities, there are online singing and dance clubs, creative writing sessions, gymnastics.”



“You Tube.”

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“Zoom/ Virtual Meetings. Being able to see my friends online.”



“Being able to talk to my family often like aunts, uncles, cousins and grandparents.”



“Being able to write stories, blogs.”

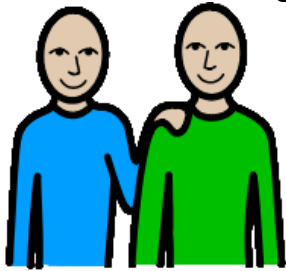


“Having a routine.”



“Being able to enjoy the garden.”

What things have been difficult?



“Not being able to play with my friends.”



“Not always having the right equipment at home.”

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“It has stopped people going on trips and holidays.”

What things would you like to carry on after lockdown?



“To continue to have online activities on you tube.”



“For mum and dad to spend more time at home.”



“To have the option of having annual review meetings using Zoom/ Virtual Meeting.”