

What is Eco-Schools Leicester?

Leicester City Council has a dedicated Environmental Education Coordinator based in the Energy and Sustainability Team who works with schools to help them become more sustainable in all that they do.

As well as one-to-one support, schools are able to engage through termly #EcoTeachMeets, staff training, resource planning & workshops, assemblies, Eco-Schools conferences & celebration events and can keep up to date through a dedicated Twitter account, monthly eBulletins and termly newsletters.

The Eco-Schools programme provides exciting opportunities for students in curriculum time as well as outside the classroom. Learning outside the classroom (LOTC) has been identified as 'memorable activities leading to memorable learning and positively contributing to pupil safety'. LOTC provides positive benefits to all groups of young people and supports a rich, relevant, broad and balanced curriculum.



How to find out more



Lee Jowett

Environmental Education Coordinator Phoenix House, King Street, Leicester LE1 6RN ⊠ Lee.jowett@leicester.gov.uk

- schools.leicester.gov.uk/eco-schools
- @EcoSchoolsLCC
- EcoSchoolsLCC
- © 0116 454 2271

Photos from the Schools Ride Leicester 2019

Welcome to the September Leicester Eco-Schools newsletter. Wow, what a busy term we have coming up - Eco-Schools Roadshow, staff and governor training, launch of several competitions, our single use plastic campaign and our third year of the Litter Less Campaign! Last term we have a bumper fill of Bronze Silver and Green Flag Eco-Schools and this term will be no different. In the next few days each school should receive a reminder of what level of Eco-School Award they are at and the next steps to achieve their next award, how to renew or just - 'you don't need to submit anything until next academic year' As always if you need any support, just let me know, Lee.







Finished reading? Pass on to a colleague

Eco-School Awards

Schools can register for Eco-Schools for free at <u>www.eco-schools.org.uk/register</u>

There are 3 levels of award: Bronze, Silver and Green Flag which were **updated in September 2018**.

At **Bronze** level your school has set up an Eco-committee, carried out a review, created an action plan for three topics and shared this with the whole school.

At **Silver** level your school has done the above plus involved the whole school and wider community and carried out three in-depth pieces of work on three of the ten topics. You have also identified where environmental issues are covered in the curriculum.

At **Green Flag Award** status, your school has done all of the above plus monitored and evaluated the in-depth project work for the same three of the ten topics and developed an Eco-Code which reflects the topics you have worked on.

Bronze and Silver are self-certified online. For Green Flag, schools submit evidence online and are visited by an external assessor at a mutually agreed time.







Newsletter

Our Eco-Schools newsletters are published 4 times per year. If you would like to submit an article for the next newsletter, the deadline is the 3 January 2020. We ask for around 200 words, at least 1 photo and contact details e.g. name and email address to: <u>eco-schools@leicester.gov.uk</u>

Since July 2019

Recently registered or re-engaged

Bronze Award St Patricks Catholic Voluntary Academy

Silver Award St Patricks Catholic Voluntary Academy

Green Flag Award Willowbrook Mead Primary Academy

Green Flag Renewal Sparkenhoe Community Primary School

Correct as of 09/09/2019

School uniform recycling

City of Sanctuary are collecting old school uniforms which generally can't be recycled in the clothes schemes. They are generally wanting red or blue sweaters and sweatshirts, black trousers/skirts and white tops. They are also interested in secondary school blazers. If you have any lost and found school uniform please email <u>Eco-Schools@leicester.gov.uk</u> and we can arrange a collection.



Eco-Schools Roadshow 2019

Following last year's success, Leicester City Council will again be hosting a series of mini-conferences in the autumn 2019 term – **book now to avoid disappointment**!

Wednesday 30 October 2019	Soar Valley College
Tuesday 5 November 2019	English Martyrs' School
Friday 8 November 2019	Moat Community College
Tuesday 12 November 2019	Rushey Mead Academy
Friday 29 November 2019	Fullhurst Community College (Fosse site)

Each event will run from approx. 9.15am-12.30pm and will consist of a carousel of interactive and informative workshops, based on the Eco-Schools themes



Why attend?

- Gain a greater understanding of the Global Goals for Sustainable Development and Eco-Schools topics
- Develop new **campaigns** and identify ways of promoting sustainability in school
- Opportunity to network with other schools and learn about their environmental projects
- Find out about local and national **projects** and how to get involved

This free event is **open to all registered Eco-Schools in Leicester,** Primary or Secondary. Schools are invited to bring up to 15 students to attend. Further details will be provided on booking.



To book your school place please email <u>Lee.Jowett@leicester.gov.uk</u> or call 0116 454 2271 **as soon as possible to confirm**

Eco-School awards in Leicester

Congratulations to all the schools who have achieved Eco-Schools Awards. Below are all the schools who are at bronze, silver or Green Flag. If you would like contact details of your nearest schools, please let Lee know.



Bronze Award

Alderman Richard Hallam Primary School Catherine Infant School English Martyrs Catholic School Falcon's Primary School Medway Community Primary School Moat Community College Montrose School



Silver Award

Abbey Mead Primary Academy Babington Academy Barley Croft Primary School Braunstone Community Primary School Braunstone Frith Primary School Buswells Lodge Primary School Caldecote Community Primary School Ellesmere College Evington Valley Primary School Eyres Monsell Primary School Folville Junior School Hazel Primary School Highfields Primary School Holy Cross Catholic Primary School King Richard III Infant and Nursery School



Belgrave St Peter's C.E. (VA) Primary School Catherine Junior School Charnwood Primary School Christ the King Catholic Voluntary Academy Coleman Primary School Dovelands Primary School Forest Lodge Primary School Fosse Primary School Fullhurst Community College Glebelands Primary School Green Lane Infant School Orchard Mead Academy - formerly Hamilton Academy Humberstone Junior School Inglehurst Junior School

North Mead Primary Academy Shenton Primary School Slater Primary School Spinney Hill Primary School St Barnabas C of E Primary School St Joseph's Catholic Voluntary Academy St Thomas More Catholic Voluntary Academy Tudor Grange Samworth Academy Wolsey House Primary School

Land of Learning Nursery and Primary School Leicester Islamic Academy* Madani Boys School Madani Girls School **Marriott Primary School** Mowmacre Hill Primary School New College Leicester Queensmead Primary Academy **Rowlatts Mead Primary Academy** Sir Jonathan North College St Patrick's Catholic Voluntary Academy St Mary's Fields Primary School St Paul's Catholic School The City of Leicester College **Uplands Junior School** Thurnby Mead Primary Academy Woodstock Primary School

*due to be Green Flag assessed September 2019

Kestrel Mead Primary Academy Linden Primary School Mellor Community Primary School Overdale Infant School Parks Primary School Rolleston Primary School Rushey Mead Primary School Shaftesbury Community Junior School Soar Valley College Stokes Wood Primary School West Gate School Willowbank School - Children's Hospital School Willowbrook Mead Primary Academy Wyvern Primary School





Avenue Primary School

Bridge Junior School Mayflower Primary School Overdale Junior School Rushey Mead Academy Sparkenhoe Community Primary School Scraptoft Valley Primary School Sandfield Close Primary School Whitehall Primary School

> Congratulations to all those schools that achieved an award in the last academic year. Looking forward to lots more Green Flag Eco-School Awards this academic year.

TeenTech 2019



Has your school registered for the new TeenTech Leicester Festival? On **October 24th 2019** companies and schools are coming together at the Morningside Arena for a day of hands-on challenges and experiments which bring the world of science and technology to life. The award winning day highlights exciting careers in contemporary industry and changes outdated perceptions. TeenTech are working collaboratively with education, local government and industry to make exciting programme both inspiring and relevant.

- Secondary Schools should register <u>here</u> to bring a group of Year 8 or Year 9 students to the festival. After the festival students can take their enthusiasm further as TeenTech will match schools with mentors so they can develop their own real world projects for the TeenTech Awards. Schools can build an invaluable network of industry contacts. This <u>video</u> will give you an idea of how the festival day works.
- Primary schools can develop projects for TeenTech City of Tomorrow. This year pilot schools will
 have the opportunity to receive a free day workshop for their students led by TeenTech and bring
 teams to the festival day on October 24th. Later in the Autumn Term there will be a CPD event for
 teachers to understand how they can use TeenTech's free resources to lead the programme in their
 own schools.



How to find out more

Kathy Dare Kathy@teentechevent.com



Supports the Eco-Schools healthy living and transport topic

Citizens' Assembly for Schools on the Climate Emergency in Leicester

Run in partnership with the Young People's Council of Leicester



In February 2019, like many cities Leicester declared a climate emergency. The implication of declaring a climate emergency is that Leicester will need to work towards becoming carbon neutral as rapidly as possible i.e. its emissions of greenhouse gases must reach as close as possible to zero, with any remaining emissions that can't be avoided being offset in some way. We are developing a plan of actions to address the emergency, and are inviting school students to find out their views on what we should do

- Students will develop a greater understanding of climate change and the implications for Leicester
- A collective vision will be created of what Leicester will need to be like as a carbon neutral city
- In the morning, city-wide carbon savings and actions will be consulted on and prioritised
- Solutions will be developed in the afternoon which the city will look at as we develop our action plan

Secondary schools are invited to attend with students from Years 9-10 on Wednesday 20 November from 9.30am to 2.30pm. The event will be a series of presentations, interactive sessions and opportunities for students to discuss and be formally consulted on proposed actions

Maximum group size is 16 students. Please email <u>Lee.Jowett@leicester.gov.uk</u> by **31 October 2019** to secure your group

Wednesday 20 November 2019 City Hall, 115 Charles Street, Leicester, LE1 1FZ 9.30am – 2.30pm



Eco-Schools & Food for Life Celebration 2019

On 14 June 2019 we celebrated the hard work of schools in Leicester at our fourth joint Eco-Schools and Food for Life Celebration in City Hall. We warmly welcomed 14 schools along with over 30 guest judges including 6 City Councillors and representatives from many local and national environmental organisations. The event was an opportunity for schools to showcase projects which have taken place over the last 12 months

Activities came from a wide selection of project ideas including recycling, biodiversity and healthy eating. Judges commented again how difficult it was to pick winners with such enthusiastic students and staff. Following the more formal judging, students were given the opportunity to judge the other schools' stalls and pick their Eco-Factor. Prizes were kindly announced and awarded by Cllr Deputy Adam Clarke. Citv Mavor responsible Environment and for Transportation. We also awarded our second year of Healthier Air for Leicester Schools Awards which was great news!



Eco-Schools

Healthier

tor Leicester









There were so many good photos that we couldn't include here. They are all available on our Facebook page www.facebook.com/EcoSchoolsLCC

Dates for your diary – Eco events



Event	Event Summary	Further details (date/time/location)
Eco-Schools Roadshow	An opportunity to bring your eco-team to interactive workshops on projects which can be run back in school. Roadshows will run at schools across the city.	 Wednesday 30 October 2019 9.15am- 12.30pm Soar Valley College Tuesday 5 November 2019 9.15am- 12.30pm English Martyrs' School Friday 8 November 2019 9.15- 12.30pm Moat Community College Tuesday 12 November 2019 9.15- 12.30pm Rushey Mead Academy Friday 29 November 2019 9.15-12.30 Fullhurst Community College
Governor training 'Environmental Education and Eco- Schools'	All schools in Leicester are offered free environmental and air quality education opportunities to support teaching and learning in and outside of the classroom, offer practical activities and campaigns to raise awareness. This course will provide Governors with an update and explain how they can support their school	Tuesday 22 October 2019, 10.00am- 12.00noon at Soar Valley Training Centre, Gleneagles Avenue, Leicester LE4 7GY
#EcoTeachMeets	#EcoTeachMeets are a termly opportunity to share an activity which you have done or find out about exciting activities and projects in Leicester, as well as nationally.	 TBC - Thursday 3 October 2019, 4.00pm-5.30pm at Wolsey House Primary School, Beaumont Leys Lane, Leicester LE4 2BB TBC -Tuesday 11 February 2020, 4.00pm-5.30pm at New College Leicester, Glenfield Road, Leicester LE3 6DN Tuesday 5 May 2020, 4.00-5.30pm at Nether Hall School, Keyham Lane West, Leicester LE5 1RT
Eco-Schools and Food for Life Celebration event	An opportunity to showcase the fantastic work which Leicester Schools have done over the academic year. Now in its fifth year, it is a real treat!	Exact date and venue to be confirmed
Litter Less Campaign 2019	Participate in the city wide Litter Less campaign with Keep Britain Tidy as part of their national Great British Spring Clean campaign	Friday 1 November 2019 9.30am- 3.00pm Training – Abbey Park Education Centre Celebration Event 22 April 2019 (Earth Day!) Abbey Park – afternoon (exact time to be confirmed)



Supports the Eco-Schools awards as part of sharing good practice and finding out what other schools are doing

Dates for your diary continued...

Event	Event Summary	Further details (date/time/location)	
Healthy Schools Network	For more information please contact Rebecca Partington <u>Rebecca.partington@sdsa.net</u>	Please see separate flyer for network meeting dates and twilights	
Food for Life network meetings	Network meetings to share good practice and learn some amazing new skills! For more details please contact Lisa Didier <u>Ididier@soilassociation.org</u>	Dates to be confirmed	
Primary Science Network	Opportunities to share and develop teaching and learning strategies in the primary science curriculum, much of which supports the Eco-Schools programme. Contact Sarah Eames for more details on: seames@sandfieldclose.leicester.sch.uk	Thursday 24 October 2019 Sandfield Close Primary School, Sandfield Close, Leicester LE4 7RE Future dates to be confirmed.	
Primary Chef of the Year competition	The final round will be held externally (venue TBC). For more details please contact Julie Brookes on: Dawn.Brookes@leicester.gov.uk	Exact date and venue to be confirmed (all day)	
Grandparent Gardening Week	A great opportunity to invite, grandparents, parents and the community to help in school with your garden	w/c 27th April 2020 Food for Life national event, further details to follow	
Energy Management in Schools Workshop	Energy and water is one of the biggest spends for schools after staffing. This interactive workshop is free for all schools that have DynamatLite access (if in doubt get in touch). It will be run back to back with a presentation from Salix Finance to explain the benefits and process of applying.	Tuesday 22 October 2019, 1.00pm- 3.15pm at Soar Valley Training Centre, Soar Valley School, Gleneagles Avenue, Leicester LE4 7GY	
Earthwatch and Air Quality Education CPD – Primary and Secondary Teachers	This one day course will give delegates the skills and knowledge to deliver exciting and relevant science lessons around brand new innovative Earthwatch resources and Air Quality Education from Leicester City Council.	9.30am-3.30pm - Friday 30 September 2019 – Sandfield Close Primary School, Sandfield Close, Leicester LE4 7RE	
Citizens' Assembly for Schools on the Climate Emergency in Leicester	Secondary schools are invited to attend with students from Years 9- 10. The event will be a series of presentations, interactive sessions and opportunities for students to discuss and be formally consulted on proposed actions	Wednesday 20 November 2019, City Hall, 115 Charles Street, Leicester	

Eco-Schools are doing

Leicester's Kicking it to Plastics Project Environment Rangers - Leicester City Council



We would like to invite your school to visit our sculpture made by volunteers from waste plastic!

This unique opportunity has been supported by partners including: The Environment Agency, Trent Rivers Trust, Soar Catchment Partnership, Leicester City Community Trust and Leicester City Football Club

Venue: City centre location to be confirmed nearer the time.

- Monday 23 September 2019
- Tuesday 24 September 2019
- Thursday 26 September 2019
- Friday 27 September 2019

• 9.30am

- 11.00am
- 12.30pm
- 1.30pm

For each slot, maximum of 2 groups at 30 minutes each, 30 minutes with LCC officers, the other 30 minutes - quiz provided for school staff in close vicinity



Why participate?

- See the **plastic footballer sculpture floating in** the river
- **Participate in environmental activities** relating to the project
- Learn about the link between plastic pollution, water quality and flooding
- A quick and simple opportunity to help children understand about the environment including a self guided opportunity to explore the local area
- Suitable for KS2 students
- Use as part of your Eco-Schools Award for raising awareness

We estimate group size is up to 30 at a time. Sessions will take approximately 30 minutes including visiting the plastic sculpture.



Supports your Eco-Schools award Eco-Schools

This project is completely free but has limited availability

Please contact Neil Harris <u>Neil.Harris@leicester.gov.uk</u> 0116 454 3776 as soon as possible to confirm your interest and arrange suitable times





For the first time, adults are invited to join Leicester's **#YouthStrike4Climate**. Meet at the Clock Tower at 12 noon on 20th September. There will be a march to Jubilee Square to listen to speakers.

This is an ideal time to talk to your class or school about why people are striking. In school you could:

- Present in class or assembly using the PowerPoint which will be emailed about the strikes
- Support students to make their own 'in strike' during the day, so make banners and posters to use in the playground at lunchtime
- Put photos up on the school's website & social media accounts Twitter/Facebook and tag us @EcoSchoolLCC
- · Create actions that the students will do themselves
- Commit to actions in school e.g. switching to renewable energy suppliers
- Meet as an eco/environment team to look at what they are doing in school for the climate emergency with the senior teachers/head

#EcoTeachMeets Leicester 2019/20





TBC - Thursday 3 October 2019, 4.00pm-5.30pm at Wolsey House Primary School, Beaumont Leys Lane, Leicester LE4 2BB NEW updates on the Eco-Schools Award • BRAND NEW Reducing single use plastic in school • Food growing opportunities • book via <u>bit.ly/2kaj0A4</u>

TBC - Tuesday 11 February 2019, 4.00pm-5.30pm at New College Leicester, Glenfield Road, Leicester LE3 6DN TeachMeet presenting lots of different projects in the city including Air quality, sustainable transport, global learning, energy saving, recycling and projects being delivered by Leicester Schools – book a 5 or 8 minute slot to present Book via <u>bit.ly/2lLFeIQ</u>

- Tuesday 5 May 2020, 4.00-5.30pm at Nether Hall School, Keyham Lane West, Leicester LE5 1RT Interactive workshops on outdoor learning and environmental education and opportunities to see the school grounds of Nether Hall School Book via <u>bit.ly/2IAD13b</u>

#EcoTeachMeet

Learn about all the latest environmental activities happening both in the city and nationally

If you would like to present something you have done in school that would be great - otherwise just come along to learn something new!

All school staff and like-minded organisations are welcome to come along ! Book your place by <u>following the links above</u>

If you would like more information please contact Lee Jowett, Environmental Education Coordinator Lee.Jowett@Leicester.gov.uk or 0116 454 2271



Supports the Eco-Schools awards as part of your evidence

The Eco-Schools Litter Less Campaign

The Litter Less Campaign, led by Eco-Schools aims to reduce litter and affect long-term behaviour change through implementing a waste management system, which involves the whole school. Participating schools <u>must</u> participate for two academic years (2019/20 and 2020/21)

Training: Friday 1 November 2019 9.30am – 3.00pm - for new schools Abbey Park Education Centre, Abbey Park, Leicester LE1 3EJ (nearest postcode)

Lunch and refreshments will be provided

Who would benefit from this project: All school staff with an interest in reducing litter in and around their school including teachers, support staff, senior leaders and Eco-Schools leads, school business managers and site managers A small number of schools that previously applied can participate again (and receive funding) – so do get in touch!



- Use strategies & activities to engage your staff and students to reduce litter in and around the school ground
- Receive funding to run a campaign and litter pick in and around your school grounds
- Learn how to apply for the prestigious Eco-Schools Green Flag Award and use project evidence to support this

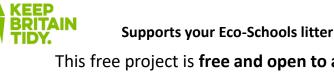
Your school commitments

- Attend training on Friday 1 November 2019
- Purchase equipment for litter picking and/or raising awareness (funding provided)
- Assessment of your areas and decide on a certain litter item to focus on for the campaign and submit 200 word report explaining why this item was chosen
- Bespoke action plan of events for the project

Eco-Schools

.eicester

- Carry out 6 litter picks in and around the school grounds
- Use at least 3 different lesson plans linked to litter and waste built into the curriculum (these will be provided)
- Invitation to attend the celebration event at Abbey Park (with children) on Wednesday 22 April 2020 (Earth Day!)
- Complete a short case study (200 words) after the event with a couple of photos (template provided)



Supports your Eco-Schools litter topic and awards This free project is free and open to all schools in Leicester

To book your place please book via Eventbrite or email Lee.Jowett@leicester.gov.uk







Energy Monitoring and Salix Finance in Schools

Energy and water is one of the biggest spends for schools after staffing. Leicester City Council has worked closely to **develop tools** to **empower staff and students** to **take control** of their energy. *This free* workshop and presentation will give you the initial tools to do this.

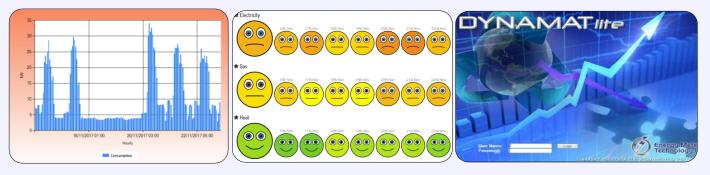
Tuesday 22 October 2019

Soar Valley Training Centre, Soar Valley School, Gleneagles Avenue, Leicester, LE4 7GY

1.00-2.00pm	Online monitoring of your energy and water	
2.15-3.15pm Salix Finance – interest free energy savings loans for schools		

Colleagues are encouraged to attend one or both sessions

Who would benefit from this workshop: All school staff with an interest in energy management including school business managers, premises officers, facilities managers, site supervisors, teachers, senior leaders and Eco-Schools leads



Why attend?

- Learn how to access and use
 DynamatLite, the energy monitoring website used by Leicester City Council
- Use strategies & activities to engage your staff and students to reduce your energy consumption
- Network with other colleagues
- Resources and interest free loans and funding available through Salix
 Finance for LA schools and academies





This free event is free and open to all schools in Leicester City

To book your place please go to <u>SchoolsEnergy.eventbrite.co.uk</u> or for more information email <u>Lee.Jowett@leicester.gov.uk</u>

Air Quality and Environmental Education support in Leicester Schools - Governor Training 2019

In Leicester there are over 100 schools registered on the Eco-Schools programme including 40 Green Flags. All schools in Leicester are offered free environmental and air quality education opportunities to support teaching and learning in and outside of the classroom, offer practical activities and campaigns to raise awareness

Tuesday 22 October 2019Soar Valley Training Centre,10am-12noonGleneagles Avenue LE4 7GY

Free and open to all schools in Leicester City

Eco-Schools is a global programme which provides a framework for learning and action around 10 environmental topics. It is free to register for Eco-Schools and to apply for Bronze and Silver awards. A cost applies for Green Flag accreditation, however there are several sponsorship schemes in Leicester



This course will explore:

- Air quality education opportunities
- Leicester City Council's anti-idling campaign and other projects being delivered in schools
- The Eco-Schools award and Global Goals for Sustainable Development

Who would benefit from this course?

All governors but particularly those with responsibility for environment, curriculum or health and safety and those with a keen interest.

- The role of the Eco-Schools Environmental link governor
- Local and national projects and how to get involved



Refreshments will be provided

To book your place please email Lee.Jowett@leicester.gov.uk or call 0116 454 2271

Earthwatch and Air Quality Education

This one day course will give delegates the skills and knowledge to deliver exciting and relevant science lessons around **brand new** innovative Earthwatch resources and Air Quality Education from Leicester City Council. **This course is suitable for primary and secondary teachers (resources developed at KS2 and KS3 students)**

Monday 30 September 2019 Sandfield Close Primary 9.30am-3.30pm School, Leicester, LE4 7RE

Free and open to all schools in Leicester City



Why attend?

- Become confident in using resources developed by Earthwatch and Leicester City Council – Air Quality Education team
- Develop learning opportunities linked to the curriculum around the resources for your school

Who would benefit from this course? All primary and junior school teachers, primary science leads, Eco-Schools coordinators, teaching assistants, curricular Science/STEM club organisers, teachers of secondary science (KS3)

Refreshments and lunch will be provided

- Be aware of **free support to schools** around Earthwatch's Teach Earth and air quality education offers
- Network with other teachers and organisations to support your school









To book your place please email <u>Lee.Jowett@leicester.gov.uk</u> or call 0116 454 2271

Grow Your Own Grub 2019



CHOW YOUR GAL

This year's Grow Your Own Grub competition featured the mealbarrows organised by the city council's Eco-Schools and public health teams, The Conservation Volunteers (TCV), and Food for Life.

Schools were tasked with coming up with a healthy, nutritious and creative menu idea for a three-course meal and then growing at least five of the ingredients they'd need – whether fruit, vegetables, salad crops, herbs or cereals.

The 'mealbarrows' idea – where crops are grown in wheelbarrows – means even schools that don't have much growing space can take part in the competition. Eighteen city schools have participated, and the fruits (and vegetables) of their labour were on display at Evington Park on Saturday 29 June, from 12pm until 3pm, outside Evington House. Members of the public, plus friends and families from the schools, were invited to view the mealbarrows and vote for their favourite.

Their votes were combined with those of a panel which has already visited all of the participating schools, judging against criteria such as the condition of the crop and how environmentally-friendly the growing methods have been.

The winning school was - St Barnabas C of E Primary School, second – Nether Hall Special School and third - Judgemeadow Community College. Congratulations to everyone that participated. Watch out for next year's competition coming soon! All the photos from the day can be found on our <u>Facebook page</u>.

Prizes of garden centre shopping vouchers will be awarded for first, second and third mealbarrows at a celebration event, which will be held St Barnabas on Friday 25 October 2019.

City council public health funding has been used to support the competition. Cllr Vi Dempster, assistant city mayor for public health, said: "I'd like to take this opportunity to thank all those involved in setting up this competition, since we know that children have a better understanding of their food, and are more likely to try new and healthier options, if they've had a hand in growing it.

"Promoting nutritional, sustainable food options like these can help to combat obesity as well as demonstrating that growing your own grub is easy - and fun. It's a message that children can then take home to their families."



How to find out more

Grow Your Own Grub Competition ⊠ GrowYourOwnGrub@leicester.gov.uk © 0116 454 2271

Group Walks for Parents from your Primary School



Would you like to start group walks for parents and carers from your primary school? We can set up free short walks, once-a-week for a period of five weeks, led by our trained walk leaders. Walks start and finish at school.

- Walks usually start in the morning, after parents drop kids at school
- We choose a popular day for the walk, based on parents' feedback
- Walks last 45-60 minutes and improves confidence to walk 1.5 2 miles.
- Free pedometer for participants
- Parents and carers meet others in a friendly social group
- Explore the local area we provide the routes
- After week-5, parents are encouraged to continue by themselves as a friendship group
- Mini-training session available for those who want to be Walk Leaders (optional). No special skills needed, just enthusiasm.

If your school would like to participate, please get in touch to check you are within our funded area. We will then work with you to promote the concept to your parents. If there is sufficient interest, we can start walks from your school after the autumn half-term 2019 or alternatively after the Christmas break.

Sara Coy





Supports the Eco-Schools healthy living and transport topics

Pumpkin Rescue

Join us in reducing pumpkin waste while celebrating Halloween:

- Provide pumpkin recipes and cooking advice •
- Organise a carved pumpkin event and photograph the pumpkins and carvers in your Community Centre or school before displaying them to Stokes Wood Allotment, 2B Stokes Drive, LE3 9BS
- Encourage carvers to cook the flesh from the pumpkins
- Book a place on the Pumpkin Lunch at Stokes wood and bring a pumpkin dish to share
- Best Carved pumpkin judging at Stokes Wood Allotment
- Pumpkin Smash at Stokes Wood Allotment Compost Demonstration Site. Take part in the smashing of the carved pumpkins and start composting them.

If you are interested in helping to organise, host or support one or more of these events, please contact: Carryoncomposting1@gmail.com



Supports the Eco-Schools healthy living

and waste topics

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How to find out more



⊠ sara.coy@leicester.gov.uk

© 0116 373 7589

www.choosehowyoumove.co.uk/walks4parents



Explorify in the Garden

Venue: Leicester Botanical Gardens Date: 10 October 2019





The RHS has teamed up with the Wellcome Trust to develop this one-day course, based on the innovative 'Explorify' approach to learning science, set in the context of school gardens.

'Explorify in the Garden' is a practical course that will give you the confidence to take the primary science curriculum outdoors and make full use of the rich tapestry of opportunities that nature, plants and growing provide. Experience how to work with the fascinating digital images and videos from the Wellcome collections from an RHS 'real world' perspective.

This course will help you to:

- Work with Explorify resources developed by the Wellcome Trust
- · Improve your growing techniques and horticultural understanding
- Realise how growing topics can spark curiosity and inspire children to question the world around them
- Discover new plants that can help teach primary science in an exciting way, whilst having a positive impact on learning.

Cost: £40 per person

Key Stages targeted: Key Stages One & Two

Skill Level: Suitable for teachers working within a primary or SEND setting, with or without a science specialism and with little or no previous experience of growing and horticulture.



Venue: Leicester Botanical Gardens Glebe Rd, Oadby, Leicester LE2 2LD CPD Provider: Gavin Hardy

A Year in Your Gardening Club



Supports the Eco-Schools school grounds topic

Venue: Mayflower Primary School Date: 7 November 2019

Get clued up on how to keep your gardening club flourishing in all weathers and seasons throughout the year.

Learn basic horticultural skills and find out about safety aspects and practical considerations needed to set up and run a successful gardening club.

This course will help you to:

- Set up and run a sustainable gardening club.
- Plan a full programme of fun, creative indoor and outdoor activities, week- in, week-out, throughout the year.
- Learn basic skills of soil preparation, sowing, plant establishment and maintenance to support your club activities.

Key Stages targeted: Key Stages One & Two

Cost: £95 per person. £170 if you book two separate courses or two places on the same course. **Skill Level**: Suitable for teachers, teaching assistants and volunteers within a primary or Special Educational Needs (SEN) setting, with little or no previous experience.

Venue: Mayflower Primary School Evington Drive, Leicester LE5 5PH CPD Provider: Gavin Hardy

To book your place on these courses please visit <u>schoolgardening.rhs.org.uk/training</u>



NOTTS & LEICS FOREST EDUCATION NETWORK Programme of events and workshops 2019

All events are open to everyone and booked on a first come basis.

Saturday 21st September Annual Notts & Leics FEN WOODLAND CPD & SKILLS DAY – same venue as last year, Park Farm, Ibstock.

Almost fully booked now, our most popular annual event is, this year, promising to be better than ever with lots of diverse and interesting workshops for Forest School Practitioners and Outdoor Educators alike. We have a great choice of workshops featuring among other things rhyme and song outdoors, curriculum related activities, green woodworking projects, ropes, knots shelters. fire lighting, tree and minibeast ID activities. Something for everyone, plus great networking opportunity Small group workshops run by experienced tutors.

Subsidised cost is £35. More information about the workshops or to book please text 07887 996293 or email <u>nottsleicsfen@outlook.com</u>

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Dates for our local Forest Education Network autumn programme will be published soon

DATES FOR YOUR DIARY – More LOCAL EVENTS

Back by popular demand....

Sunday 20th October 9am to 5pm "SHARP TOOLS" Bushcraft CPD Day

Our FEN group has been very lucky to secure another group booking at just £50 per head (normally £75) Venue Park Farm, Ibstock.

A full day with nationally acclaimed bushcraft expert, Dave Watson. Only 6 places available. To get the discounted rate you must book through Cath. Contact her by text 07887 996293 or email <u>nottsleicsfen@outlook.com</u>

Twilight Training at Rosliston Forestry Centre in October for pre-school practitioners and teachers who want to mak better use of their outside spaces. See separate leaflet for information on each of the sessions. Dates Wed 2nd, Tues 8th, Tues 15 and Wed 23rd. Cost £20 per session.

Friday 14th and Saturday 15th December <u>FOREST SCHOOL & OUTDOOR FIRST AID</u> 2 day ITC course at Park Farm, Ibstock.

Andy Forsyth will deliver a Forest School First Aid course that follows the ITC modular framework. The course is aimed at those working with children (from 1 year old & upwards) and adults in an outdoor setting.

Cost £115 (subsidised) if you know your first aid certificate needs renewing in 2020 or you are do level 3 training and need an Outdoor First Aid course you can reserve your place **now**. (10 places)

For more information or to book: email Cath Thomson nottsleicsfen@outlook.com or text 07887 996293

Not to be missed Make a note of the date now.

Saturday 23rd November, Notts. & Leics. FEN Conference and AGM, Trent University, Clifton Site, Nottingham

TRAINING

Level 2 and 3 training dates 2019

September 20/27 and October 4/11/18 28 Oct – 1 Nov Level 2 and 3 training dates 2020 24-28 Feb 6-10 April 3/10/17/24 June and 1 July 27-31 July 18/25 September and 2/9/16 October 26-30 Oct Forest School Skills days 20th October (general skills development) 30 Nov (coppicing and woodland management) 18 Jan (general skills development)

26 Jan (coppicing and woodland management)

All based at Park Farm, Leicestershire, LE67 6PD. Please book via <u>kate@holmsdalemanor.co.uk</u> or on 01530 262434 (office hours) or 07775857222.

		& Skills Development Day. Sat 21 st September 2019. 9.15 – 15.45 COST £35
		in which sessions in the day the workshop will be delivered.1 st 2 nd &/or 3 rd
Reference & Workshop Title	Tutor	Content
A. Rhythms in Nature	Lauren Kinnersley	Using rhymes, songs and puppets to enhance nature connection with early years and key stage 1 children.
(1,2,3)	Into the Wild Wood	Resource sheet for all songs and rhymes, make a finger puppet and record the songs and rhymes on your device for future reference.
 B. Fire lighting using natural materials and a steel. (1) 	Steve Saunders	What primary and secondary materials can you find in a woodland to help you make fire? Identify and acquire these materials, discovering the best way to prepare and use them safely.
C. All about trees & woods (1,2,3)	Colin Manning Creative Outdoor Learning	Using key identification clues identify common species of native trees. Discover which species grow where and why? Plus, a practical introduction to improving the quality of small woodlands and school grounds using simple management techniques.
D. Good enough to sleep in? Tarps, knots and kit (1,2,3)	Simon Perkins Learning Adventures	While we will go over the basic use of tarps to create a variety of types of shelter, there will be some new ideas and the opportunity to practise simple knots with rope and cord and share ideas for additional useful shelter kit and alternative uses for tarps.
E. Fairy Furniture (1,2,3)	Luke Astle Wood Doodles	Use a variety of traditional hand tools to make a set of small world resources. With green and seasoned woo we will scale down large construction projects, looking at the properties of our materials and the importance of 'the right tool for the job'. A great chance to brush up on your tool use and pick up skills that can be used on larger projects.
F. Teaching Trees (1,2)	Nicki Jempson, Education Officer Royal Forestry Society	An opportunity to experience a range of cross curricular activities for primary school children. Activities will cover objectives from the Science, Literacy, Maths, Geography, Art and Technology curriculums. Some different activities from the workshop last year
G. Improving the Forest School site (2,3)	Steve Saunders	Ideas and solutions for getting the most out of your site. The creation of activities and features using basic and recycled materials to enhance the opportunities for play and learning in your outdoor setting.
H. Discover minibeasts in and around the forest (1,2,)	Rachel Middleton Wild & Free Forest School	Explore a range of techniques to find and examine minibeasts in your Forest School / outdoor setting. Use cheap and accessible methods such as sweep netting, tree beating and pitfall traps. We'll also look at some minibeast-inspired crafts and activities.
I. We all have Mental Health (1,3)	Lorna Stoddart Greenwood Growth	All of us have mental health and, just as with physical health, we could all do a little bit more to keep well. Increasingly people are accessing the forests to feel good and many people do this without explicitly acknowledging what has led them to feel unwell in the first place. By developing an awareness of our own resilience we can begin to take notice of the mental health of those we support. Whilst you won't leave this workshop a mental health expert (is there such a thing?) we will have a good opportunity to explore some of the triggers and warning signs together.
HOW TO BOOK A PLACE	hoose the 4 worksho	ps you would most like to do. (you will be allocated 3 out of the 4)
		ler of preference to the secretary by email <u>nottsleicsfen@outlook.com</u> or text <u>07887 996293</u> . ess and a phone number. You will be invoiced after 1 st September. Thank you

Healthy Teeth, Happy Smiles!

Supervised Toothbrushing

With the start of the new academic year it is time for many of our settings to restart supervised toothbrushing sessions after the summer break. If you encounter any issues restarting please don't hesitate to get in touch so we can help you get started again.

If you do not already take part in supervised toothbrushing STB takes approximately 5-10 minutes to complete every day. The activity can be carried out at any time during the school day, and can be built in to the existing routine of the school. Some settings do it sat at tables some at the sink, some sing songs, and some watch a YouTube video and use it as a timer.

Healthy Teeth, Happy Smiles staff ensure that STB is carried out in a way that suits your setting and are on hand to help you through the whole process, providing all training and resources for free! Our programme is flexible as we know how busy the school day is! If you'd like to start supervised tooth brushing, or want more information about the programme. Contact healthyteethhappysmiles@leicester.gov.uk

Education Resource Packs

We also have 2 educational resource packs, one for early years and one for primary schools.

The packs are a great way to teach children about the importance of looking after their mouths and can be downloaded from the Leicester City Council website at: www.leicester.gov.uk/healthyteethhappysmiles





Tell us your Tweaks!

Have you or your setting made a tweak? We'd love to hear about any small changes you're making to become a little healthier and happier. Get in touch and let us know what your tweak is and we will share your tweak on our social media. By sending us your tweak you could win a gym and swim pass! Send your tweaks to

<u>1000tweaks@leicester.gov.uk</u> or use the hashtag #1000tweaks on social media.



Green Gym at Rolleston Primary



For more information please contact:

samantha.woods@tcv.org.uk

Or visit the Leicester Food Growing Facebook page:

https://www.facebook.com/groups /leicesterfoodgrowing



Supports the Eco-Schools school grounds topic

The Conservation Volunteers (TCV) have been running a Green Gym at Rolleston Primary since May 2019. Set up with funding from the People's Postcode Lottery, the gym runs for two sessions per week. The session on Thursday mornings allows parents and carers to come and take part in a range of activities in the school grounds straight after the morning drop off. On Saturdays the session is open to families. The Green Gym has already made a big difference to the school food garden, which is now brimming with produce. The session has also made a big difference to the Green Gym team, who have enjoyed growing, cooking and eating together, taking part in willow weaving and building their skills and confidence in food growing.

TCV can offer support to other schools who would like to develop community links around food growing through the Community Food Network programme. We prioritise schools in Eyres Monsell, Braunstone and Beaumont Leys but any school can get involved with the Grow Your Own Grub (Meal in a Barrow) competition – so keep an eye out for updates.

Eco-Schools Wilko Project Update



The last few months have flown by in a flurry of astounding community spirit. Starting off with the Princes Trust coming in June to volunteer at Braunstone Community Primary and Barley Croft Primary and doing an incredible job! They worked tirelessly through the rain, far exceeding expectations in both the quality and quantity of their work. It is safe to say they transformed the areas they worked on into beautiful, useable and accessible areas for the children to enjoy for many years to come. The full newsletter can be downloaded from the <u>Schools Extranet newsletter page</u>. Below are just a few photos of the amazing work that has been taking place.





The Sea Starts Here Competition



Calling all schools!

Leicester City Council has launched a design competition for all schools in Leicester

The design will be used to create a stencil which will be used around drains in Leicester

Design Brief

- Include a water creature
- Two pieces of text
 - Notifying that rivers/sea start at the drains
 - Instruction about litter/plastics or impacts of plastic and litter



The overall winner will have their design turned into a stencil and will used outside at least 20 schools in Leicester this academic year

'The Sea Starts Here Campaign' aims to increase awareness within schools and their wider community on the impacts of single use plastics, reducing the impact of single use plastics via stencilling around drains, awareness posters, litter picks, recycling and single use plastic reduction initiatives.

Deadline for entries: 5pm on Friday 11 October 2019

Entries are to be emailed to: <u>eco-schools@leicester.gov.uk</u>

They can also be posted to The Sea Starts Here Competition, Flooding & Drainage,

Castle Park Depot, 90 Leycroft Road, Leicester, LE4 1BZ

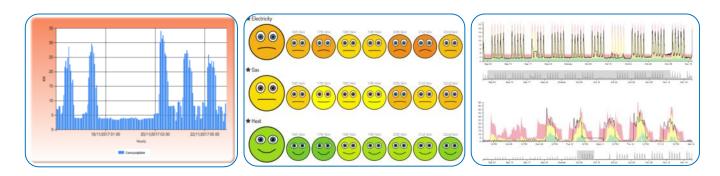
Schools are asked to send a maximum of 5 entries for each key stage

Competition poster

BESS Energy and Water Management in Schools

Worried about increasing energy costs? Wanting to save money and improve your environmental credentials?

Energy and water is one of the biggest spends for schools after staffing. Leicester City Council has worked closely to develop an offer as part of the BESS schools to **develop tools and reports** to **empower staff and students** to **take control** of their energy.



What is included in the service

- Monitoring equipment installed and maintained throughout your subscription
- Access DynamatLite, the half hourly energy and water monitoring website used by Leicester City Council for your own unique data
- Identification and reporting of excessive use/wastage
- Strategies & activities to engage your staff and students to reduce your energy consumption

This service will launch in September 2019 on a pro-rata cost basis until April 2020

- **Development of heating policy** to improve school wide savings
- Annual energy and carbon report with suggestions for improvements
- Follow up support in school (workshops, meetings, training)
 - **Regular updates** via email and face to face briefings

Primary £750 Secondary £1500

This offer is only available to schools already part of the BESS Schools offer



Change One Thing...



We would like to invite you to participate in a unique education project being delivered by Arcadis in partnership with Leicester City Council to only 6 schools

Why participate?

The project is a great way to engage students to think about sustainability and environmental impacts within the school environment. The project will help students:
 ✓ Develop their investigation and communication skills
 ✓ Help the whole community to become more eco-friendly
 ✓ Save energy and money

Project to be delivered between October 2019 and be completed by March 2020 Activities aimed at KS2 students (or school council/Eco-Schools team)

Programme outline

- Launch whole school assembly about the project and Eco-Schools where needed.
- **2 workshops delivered in school** (as a whole day or separate sessions) on
 - Building design and heating.
 - Uses of energy and lighting.
- Short homework activities to work with parents on energy saving.
- Opportunity to analyse Edi-Net energy performance.

- Follow up assembly sharing what has been learned (whole school or year group/key stage).
- Celebration event potentially at De Montfort University (March 2020).
- Support to achieve Eco-Schools Green Flag Award within the academic year.
- **Financial support** to cover the cost of the Eco-Schools Green Flag Award (needs to be applied for by March 2020).

Supports Eco-Schools topics of School grounds & energy





This project is completely free to participate in. All resources and workshops are included as well as funding for the Eco-Schools Green Flag Award

To arrange an initial meeting please email Lee Jowett, Environmental Education Coordinator, Leicester City Council Lee.Jowett@leicester.gov.uk





Practical **Practical Action launches new website**



Looking for engaging resources that will inspire your pupils? Practical Action's FREE STEM, science, design and technology resources focus on global issues including climate change, energy, food security and the Sustainable Development Goals.

Popular in primary and secondary schools, include teacher guides, pupil thev worksheets, PowerPoints, posters, images, videos, games and careers materials all set within a global context. Check out their popular STEM challenges. Perfect for ages 7-14, they encourage pupils to come up with their own ingenious solutions to a global problem. Designed to fit the UK curriculum, and accredited for CREST Awards they are popular for off timetable days, STEM clubs and transition. Take a look at their website

practicalaction.org/our-work/knowledgethat-inspires/inspiring-schools





Invitation to All Community



Supports the Eco-Schools school grounds and healthy living topics





A NETWORK TO SUPPORT A WHOLE SCHOOL APPROACH 2019 - 2020

This year the programme includes the following events for up to 2 members of staff:

HEALTH AND WELLBEING CHAMPIONS' CONFERENCES



For further information about joining the Network please email <u>rebecca.partington@sdsa.net</u> or <u>emma.sheasby@sdsa.net</u>



www.healthyschoolsnetwork.co.uk

Show Plastics the Red card!



Most people have seen the awful images of plastic in the oceans and the harm that it is causing marine wildlife. But have you ever stopped to consider how plastics get into the ocean, or what you might be able to do to help? Kick it to Plastics is an initiative that aims to raise awareness of the scale of plastic pollution closer to home – right here, in Leicester's waterways.

Tonnes of plastic litter end up in the River Soar every year, creating a massive task for the city council and the dozens of hard-working volunteers who try to keep the city's waterways clean.

But now, thousands of bottle tops, plastic bottles, plastic bags and other plastic litter recovered from the river have been transformed into a sculpture that's literally striking!

In a nod to the mighty Foxes – who are partners in the Kick it to Plastics campaign - the plastic waste has been turned into a 6m-tall footballer.

The giant striker – shown kicking a large plastic bottle – is made from plastics recovered from Leicester's waterways this summer. In just a few weeks, volunteers from community groups, Ellesmere College, local businesses, young people on the National Citizenship Scheme, Leicester Environmental Volunteers, staff from LCFC and club legend Matt Elliott were able to collect enough waste material for the project ¬- which demonstrates the scale of the problem.

The sculpture is now on display in Leicester's Abbey Park. Pop down to have a look, any time between now and the end of October. *Kick it to Plastics is a Leicester City Council initiative that's supported by LCFC Community Trust, Trent Rivers Trust, the Soar Catchment Partnership and Leicester Environmental Volunteers.*





Help reduce the amount of litter getting into our waterways and out to sea by:

- Weaning yourself off single-use plastics – refuse them when you can.
- 2. Carrying a reusable drink cup.
- 3. Taking your litter home with you or carry until you find a bin- please don't drop it on your way to and from the King Power Stadium!
- Joining us as a volunteer to help clean up. Find out how here: <u>www.leicester.gov.uk/parks-</u> <u>volunteering</u>



Supports the Eco-Schools marine topic

World Mental Health Day 2019

Thursday 10 October is World Mental Health Day. Schools and organisations can show their support and raise funds through the **#HelloYellow** campaign.

The campaign aims to show young people they're not alone with their mental health. Further information and posters are available online at youngminds.org.uk





Supports the schools healthy living Eco-Schools topics YOUNGMINDS

Plastic Free Schools



PLASTIC FREE SCHOOLS IS A SYSTEM SHAKING, CHANGE MAKING PUPIL LED EDUCATION PROGRAMME. This groundbreaking programme equips and empowers young activists with the tools to create positive, lasting environmental change.

Created to hit key curriculum targets from KS1 – KS3, our five 'Objectives' guide students through the plastic free schools process in an easy to understand, purposeful and fun way!

To begin your schools' journey to Plastic Free Status simply fill out a short form on the website. Our education team will then be in touch to guide you through the process. There are 5 steps to achieve plastic free school status. These include: setting up a committee (can be your Eco-team), carry out litter picks, focus on reducing single use plastic items in school and at home, share your ideas with local MPs and councillors, evaluate your impact.

This project links in with the Eco-Schools topics fantastically and covers several topics including marine, waste and litter.



How to find out more

Surfers Against Sewage ⊠ info@sas.org.uk © 01872 553 001 www.sas.org.uk/plastic-free-schools



Supports the Eco-Schools marine, litter and recycling topics

Recycling Box Design competition

To celebrate a year of recycling writing equipment, through Terracycle, we are launching a FREE competition for all the schools that are registered as Recycling Ambassadors, for us.

We are inviting pupils from the schools, supporting our scheme, to design our new look recycling boxes for the writing equipment scheme, by designing the lid cover and front cover for our new writing instrument recycling boxes.

The winners of the competition will win free recycling boxes for their school and Highcross shopping voucher worth up to £10. All entries must be submitted by Friday 6th December, 11.59pm. Entries should be submitted using the button on the website and rules can be found in the rules section of this page. Go to https://cogyouthservices.co.uk/event/recyclingcomp19 for more information about the competition and how to sign up.

To register as a Recycling Ambassador for COG Youth Services email info@cogyouthservices.co.uk



Supports the Eco-Schools waste topic

Eco-Schools National Awards 2019



The Eco-Schools England team are incredibly excited to announce that on Thursday 12th December 2019, at the world-famous Etihad Stadium in Manchester, we will be hosting our very first Eco-Schools National Awards Ceremony and we want all of you to be a part of it! This has been made possible thanks to the Players of the People's Postcode Lottery. As our programme continues to grow, we wanted the opportunity to reward and showcase some of the amazing things we have seen in schools across England over the past 25 years.

There will be 16 Eco-Schools Awards presented:

10 Topic Awards

One award available for each of the ten Eco-Schools topics, celebrating the schools that demonstrate the most innovative, inspirational and effective topic action(s). Open to registered through to multiple Green Flag Eco-Schools.

3 Eco-Schools of the Year Awards

For schools from a variety of age ranges who can demonstrate they have best implemented the Eco-Schools programme to impact their school and local community. Only open to current Green Flag Eco-Schools.

Eco-Coordinator of the Year Award

For an individual who has gone above and beyond to promote and incorporate the Eco-Schools programme into school life. Only open to current Green Flag award-winning Eco-Coordinators.

Eco-Assessor of the Year Award

For the volunteer Green Flag Assessor who has helped the Eco-Schools programme grow and continue to inspire. Chosen by the Eco-Schools team.

Eco-Schools Lifetime Achievement Award

For a school from our Hall of Fame that has continued to be an outstanding Eco-School over a long period of time. Chosen by the Eco-Schools team.

Each award winner will be invited to bring 6 pupils and 2 adults to our first ever Eco-Schools National Award Ceremony at the Etihad Stadium on the 12th December 2019.

The event will begin at 11:00 with arrivals welcomed from 10:00, it will conclude no later than 16:00 with entertainment and a pupil-friendly, buffet-style lunch provided. Each winner will receive an Eco-Schools award, goodie-bags, professional photographs to remember the day and a very special, limited edition set of golden Eco-Schools badges.

If you would like to nominate your school or an amazing Eco-Coordinator please submit your entry on our 'Eco-Schools Award Ceremony' pages here before Friday 25th October 2019. Winners will be contacted during the week beginning 4th November!

For more information and to apply please go to <u>https://www.eco-schools.org.uk/eco-schools-national-awards-</u>2019/







Creates recognition for your Eco-Schools work taking place in school

Schools Ride 2019





Around 400 schoolchildren and adults from 11 schools took part in a mass ride into the city on Friday 5 July. Leicester City mascot Filbert Fox led the young cyclists as part of the annual schools' bike ride.

The ride gives Year 5 & 6 schoolchildren from across the city and county the chance to put into practice the Bikeability skills they have learned and make the most of the city's cycle tracks and neighborhood routes.

On Friday 5 July, schoolchildren set off on their rides – supervised by teachers and ride leaders – to converge at Cathedral Gardens, in front of Leicester Cathedral, from 11.30am.

Once there, they watched a demonstration from mountain bike stunt rider Danny Butler, enjoyed a comedy show with comedian Jay Foreman and were awarded with Bikeability certificates by deputy city mayor Cllr Adam Clarke.

Cllr Clarke, who is responsible for environment and transportation, said: "We have a growing network of improved cycling routes across the city, and ambitious plans to expand, using money from a recent successful bid to Government called Transforming Cities. This ride is a great chance to introduce children to our cycling network so they know how easy it can be to get around by bike. They can then take that message home to their parents. We're facing a climate emergency, which means we all need to make better choices about how we travel. More cycling helps to improve air quality, reduce city congestion and it's often the quickest way to get around. It's also fun!"

The ride marks the start of a summer of cycling in Leicester, with a programme of events suitable for all cyclists of all abilities. Photos of the day can be found on the Choose How You Move Facebook page at https://www.facebook.com/ChooseHowYouMove





Supports the transport Eco-Schools topic

How to find out more

Choose How You Move

Choosehowyoumove@leics.gov.uk
CHYMLeics

www.choosehowyoumove.co.uk