

Aims of Restorative Approaches:

- To enable young people to recognise that conflicts can harm everyone involved.
- To help young people to feel safe and have their voices heard.
- To enable young people to accept responsibility for their actions.
- To enable young people to deal with conflict and bullying.
- To help young people learn the skills of peaceful resolution and repairing the harm that has been caused.
- To encourage positive and supportive relationships with peers.
- To steer away from a culture of blame and stigmatising those involved.
- To increase staff confidence in dealing with conflicts and finding a positive way forward.

Restorative Approaches

We can offer:

- practical guidance to schools and other organisations to implement Restorative Approaches within their setting.
- advice in the development of relevant policies to include Restorative Approaches.
- training in Restorative Approaches.

We will be happy to put together a bespoke package according to your particular needs.

To receive further information please contact:

Leicester City Psychology Service

Email: psychology@leicester.gov.uk

Tel: 0116 4545470

Leicestershire Anti-Bullying Team

www.beyondbullying.com

Tel: 0116 3057570

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This programme is a partnership working between:



Restorative Approaches

Strategies for Peace

Information for schools, academies and colleges

What are Restorative Approaches?

Restorative Approaches are methods of conflict resolution. They are based on all individuals taking responsibility and reflecting on their behaviour. They help with problem solving and work towards the repair and reparation of relationships.

They provide key life skills to prepare young people to manage conflict in all aspects of their lives.

Restorative Approaches build on the culture of respect, responsibility and cohesion within the community. They intend to bring peace, consensus and resolution even in difficult situations.

Schools and organisations that have used Restorative Approaches have found that they have been able to **REDUCE**:

- misbehaviour / misconduct / low level disruption
- incidents of violence and bullying exclusions.

They have been able to **INCREASE**:

- teaching time
- safety
- young people's connectedness to school

They have been able to **IMPROVE**:

- attitudes towards learning
- social and emotional skills for young people
- relationships amongst all members of the school community

(Bevington, 2015; McCluskey et al, 2008; Skinns et al, 2009)

Basic principles of Restorative Approaches

- identify the root of the conflict
- select the right strategy to repair a relationship
- enable all voices to be heard
- focus on the issues, not people
- create options for solution/s
- evaluate

(adapted from iPEACE, Cremmin H, 2015)



Restorative approaches allow us to consider how we can strengthen and build on all forms of restorative practices and the related skills of mediation, peer mediation, mentoring and negotiation.

They enable us to explore where it is appropriate to use each particular strategy, and help to create effective working practices.

They enable us to recognise that different circumstances require different responses and actions.

What is different about Restorative Approaches?

A restorative approach differs greatly from a traditional retributive approach used for dealing with conflict. The main differences are shown below.

RETRIBUTIVE	RESTORATIVE
Focus in the past	Focus in the past, present and future
Preoccupied with blame	Emphasis on repairing harm
Deterrence linked to punishment	Deterrence linked to relationships and personal accountability