

The journey

Slater Primary School started their supervised tooth brushing journey in September 2017.

The Head Teacher of the school was contacted by Leicester City Council's Oral Health team, a visit was arranged, and 3 of the setting staff were trained. The training took approximately 1 hour and equipped the staff members with the knowledge they needed to deliver supervised tooth brushing.

From a teachers point of view..

Samantha Laycock - Nursery & Reception Class Teacher at Slater Primary School had the below to say about daily supervised tooth brushing in school;

"It was really easy to set up...and all really straightforward. We run it every day with the children and they absolutely love it. They know as soon as they have their snack, it's time to brush their teeth and they get so excited! They love the routine of it – sitting in their circle, getting their paper ready, taking ownership of their health and self care, and we use the interactive timer on the whiteboard...which is a fab visual stimulus.

When we talk to parents about their feelings towards the programme it's really positive and they think it's a great idea for the children to get an extra teeth brushing session."



Did you have any struggles with the programme?

"When we first started the toothbrushing it did take a little bit longer because there's lots of things that you need to get in to your routine for yourself, your nursery nurses and the children. We found that getting all of the equipment there and ready really helped us... and we got to 5-10 minute sessions."



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- Resource catalogue – FREE resources available to loan for 2 weeks.
- Education resource packs – FREE online downloadable resource pack from the below website
- Free downloadable resources available online at www.Leicester.gov.uk/healthyteethhappysmiles

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