

Please use this space to make notes or write down questions or concerns which you may want to ask the EP:

Working with an Educational Psychologist

If you have any questions for the EP then you can:

- ▶ Ask the teachers at school
- ▶ Ask your parents / carers
- ▶ Ask the EP when you meet him / her

☎ Phone: 0116 221 1200

Email: Psychology@leicester.gov.uk

Working with an Educational Psychologist

Information for Children and Young People



Design: Creativity Works (0116) 252 7171 WO 91006. 07/09(RB).

What is an Educational Psychologist?

Educational Psychologists (EP) are psychologists who work with children, schools and families. They can help children with their learning, feelings and behaviour.

EPs can help you if:

- you find reading and writing hard
- you find school work hard
- you find working with numbers hard
- you forget things easily
- you sometimes feel angry
- you sometimes feel sad, or worried
- you fall out with friends



What Does An EP Do?

- The EP may ask you to do some tasks and activities or the EP may spend time in lessons with you.
- The EP may want to talk to you about the things that are important to you & may ask you to tell them about yourself or write about yourself.
- The EP usually talks to the people who know you well (parents, carers, school staff) to find out more information.
- You may meet the EP at home or at school.
- You may meet the EP once or several times.

What Happens Next?

The EP will talk to you and your teachers about how to help you.

This should make things better for you.

The EP will come and talk to your teachers again to see if things have got better.

