

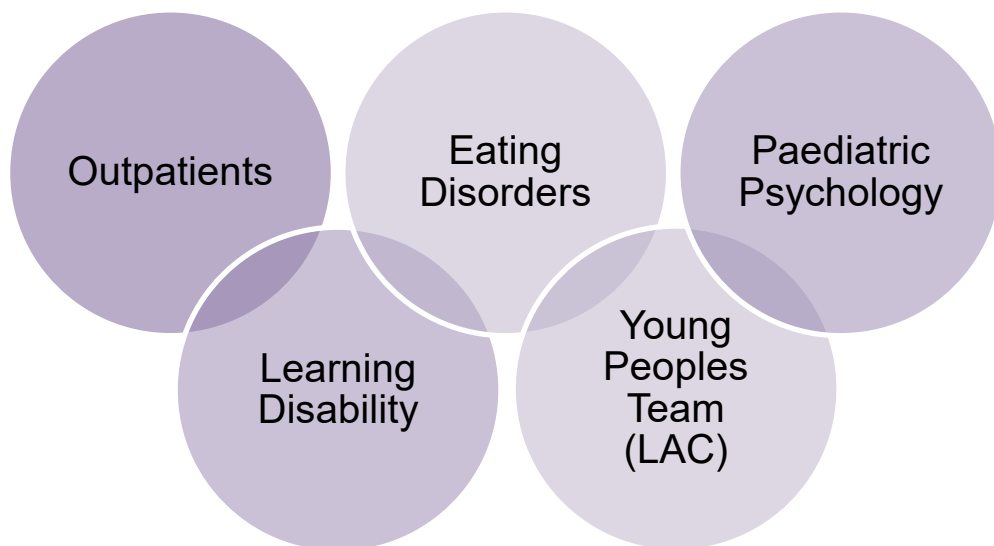
Child and Adolescent Mental Health Services

CAMHS Crisis and Crisis Plus provision

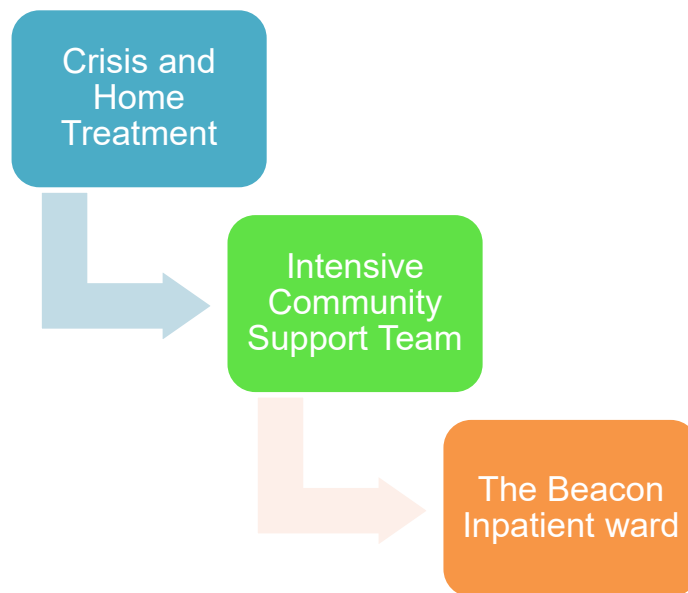
Michelle Sayer – Service Group Manager
Christine Asumang – Crisis Team Manager

CAMHS

Community Teams

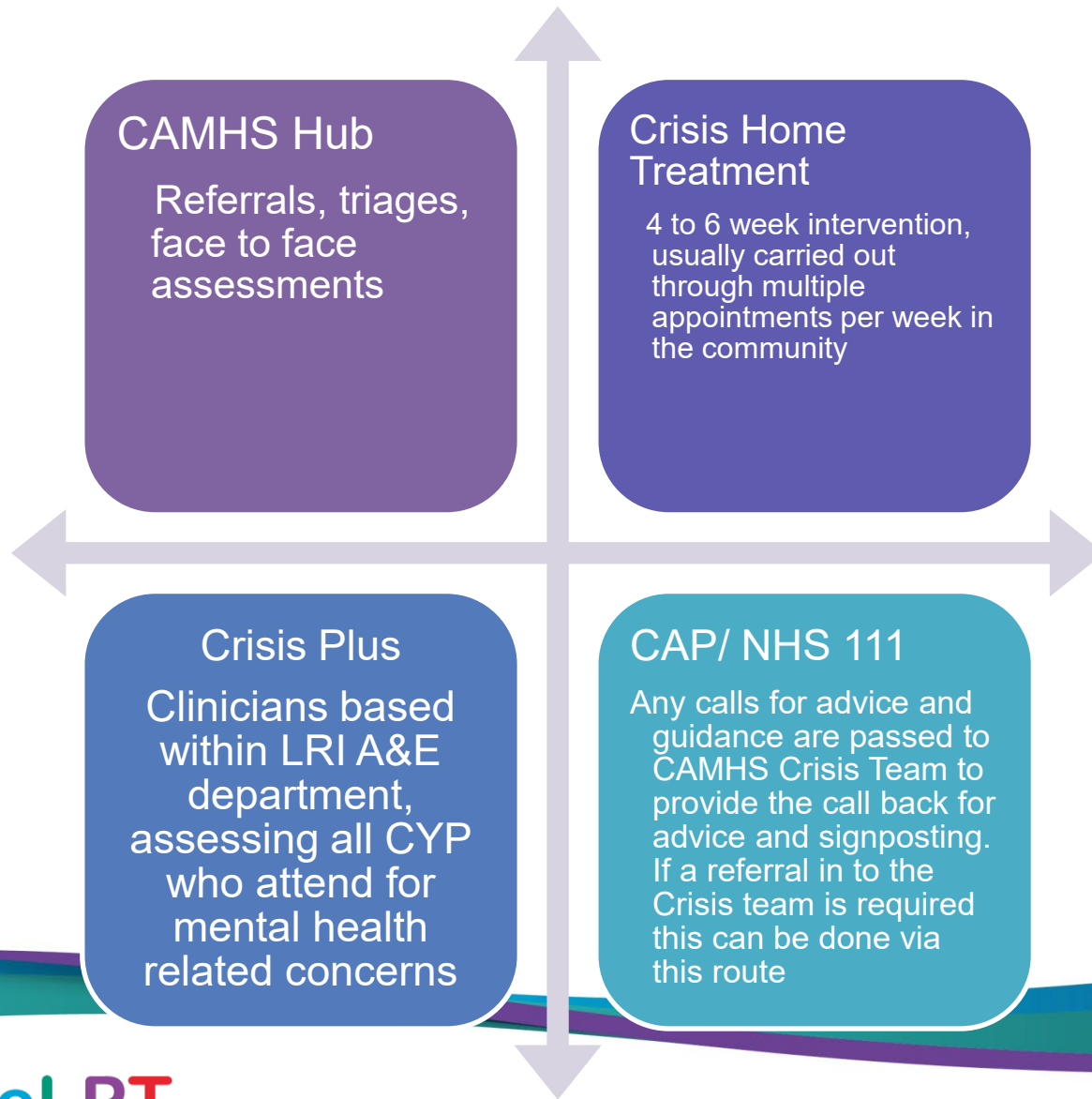


Acute Risk Pathway



Neurodevelopmental Team

Functions of the team



CAMHS Crisis and Crisis Plus

What is a mental health crisis?

A mental health crisis is when a young person's mental and emotional wellbeing has deteriorated to such a level that they present with increased risk to self and/or others due to a possible mental illness and/or breakdown in support structures. The deterioration in mental state is at a level that it could be curtailed and managed through short-term, focused, intensive treatment delivered within a community setting.

Routine Mental Health support

Young individuals may need mental health support even when they are not in a crisis. There are numerous routine mental health resources accessible for young people.

Urgent Mental Health Support – NHS 111 option 2

Charlie has been struggling for some time with low mood. You've noticed they are quieter than usual and sometimes it looks like they've been crying.

Charlie tells you they are feeling sad and have no motivation to do anything. They have told you they don't want to be here anymore and they don't see the point of doing anything.

Charlie needs some support with their low mood and may need a referral to CAMHS.

[Click here](#) for more information.

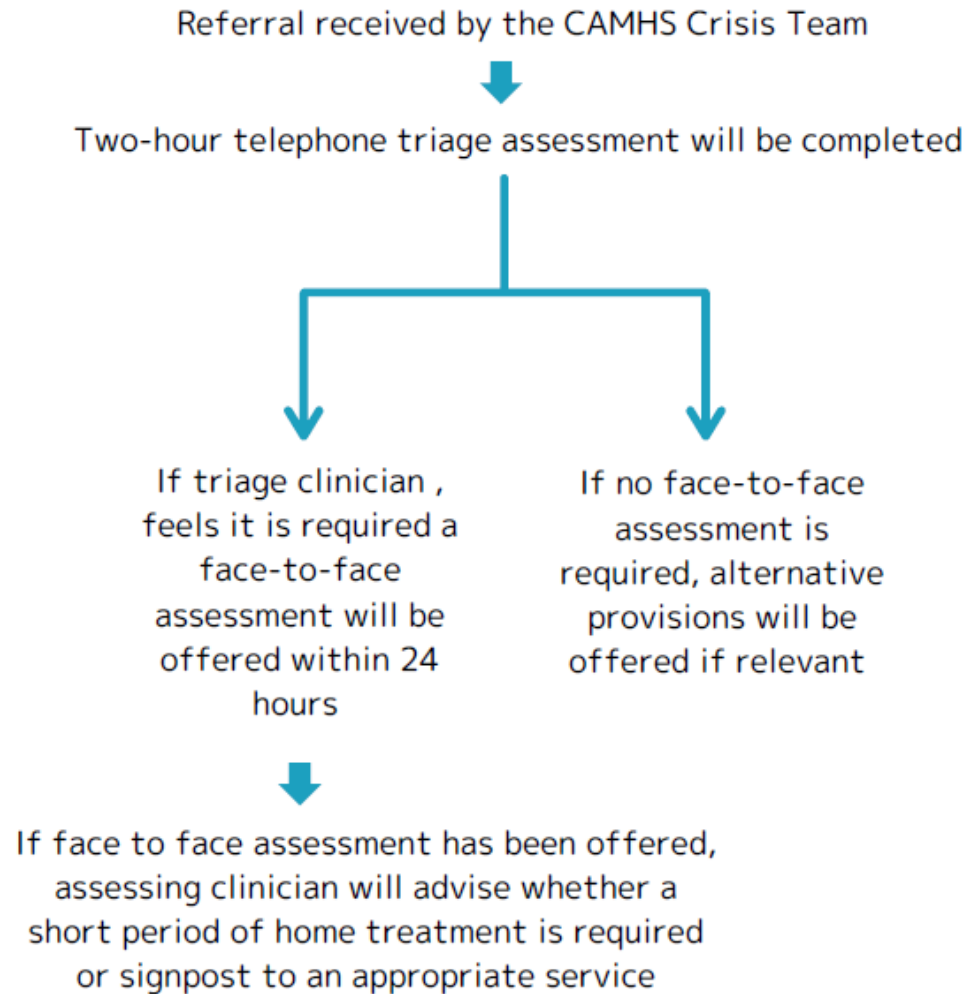
Ben is struggling with low mood and has been for some time. He usually plays football in the school team every week but hasn't for a while now. This morning, he had an argument with his mum before school and is extremely upset and is speaking of suicide. Ben has told you he 'doesn't want to be here anymore' and has a plan to take his own life.

You can refer Ben to the CAMHS Crisis Team by calling 0116 295 0485. He will be contacted Mental Health Clinician within 2 hours.

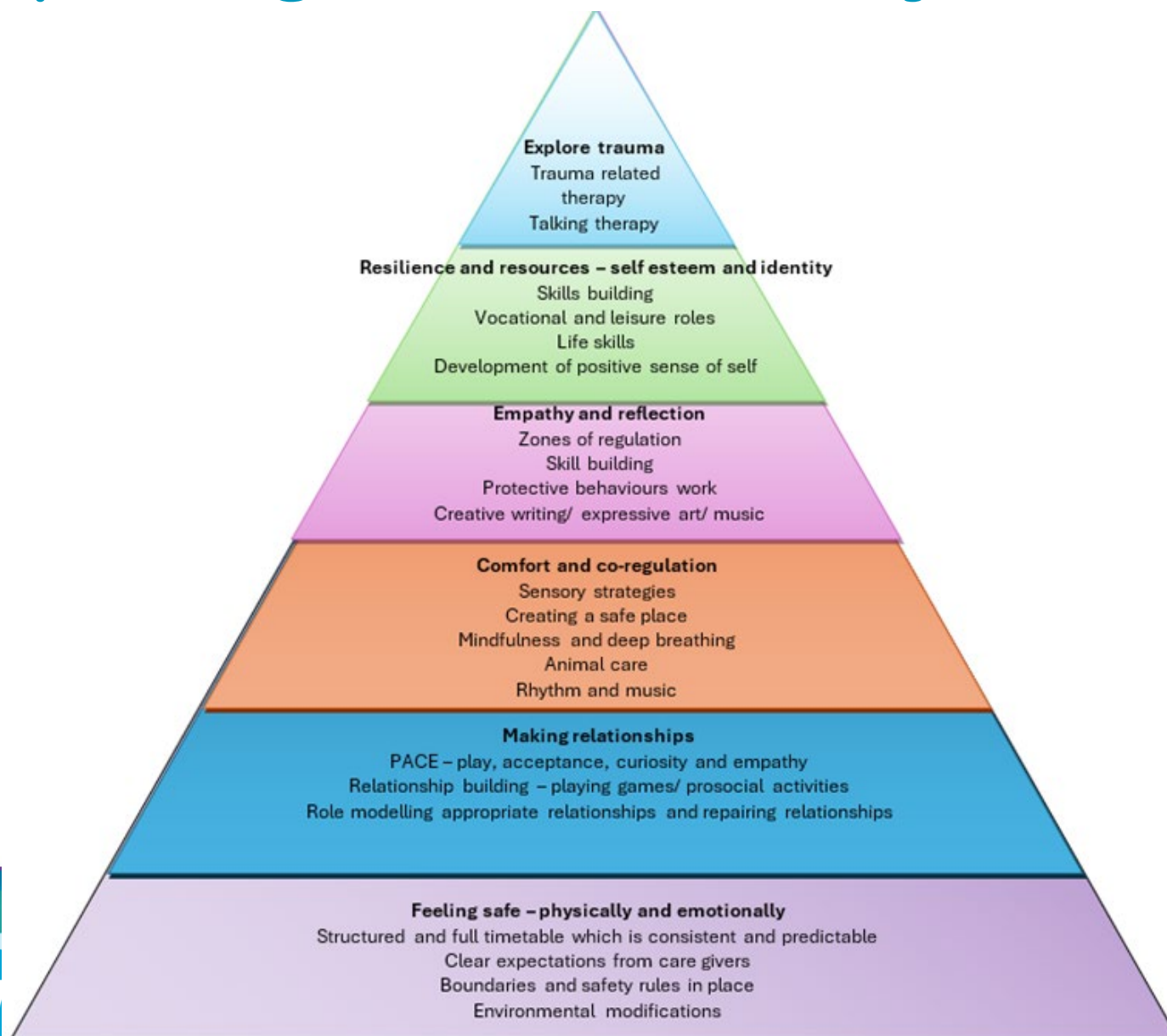
Lucy reports that she has been struggling with low mood for quite some time. She has isolated herself from her friendship group and has started having lunch in the toilets. Today she has significant self-harm wounds on her arms that look infected. When you speak to Lucy, she tells you she took 'lots of paracetamol tablets last night' because she wants to die.

Lucy needs to attend A&E due to urgent medical intervention being required for her overdose and infected wounds.

Referrals



Supporting CYP holistically



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